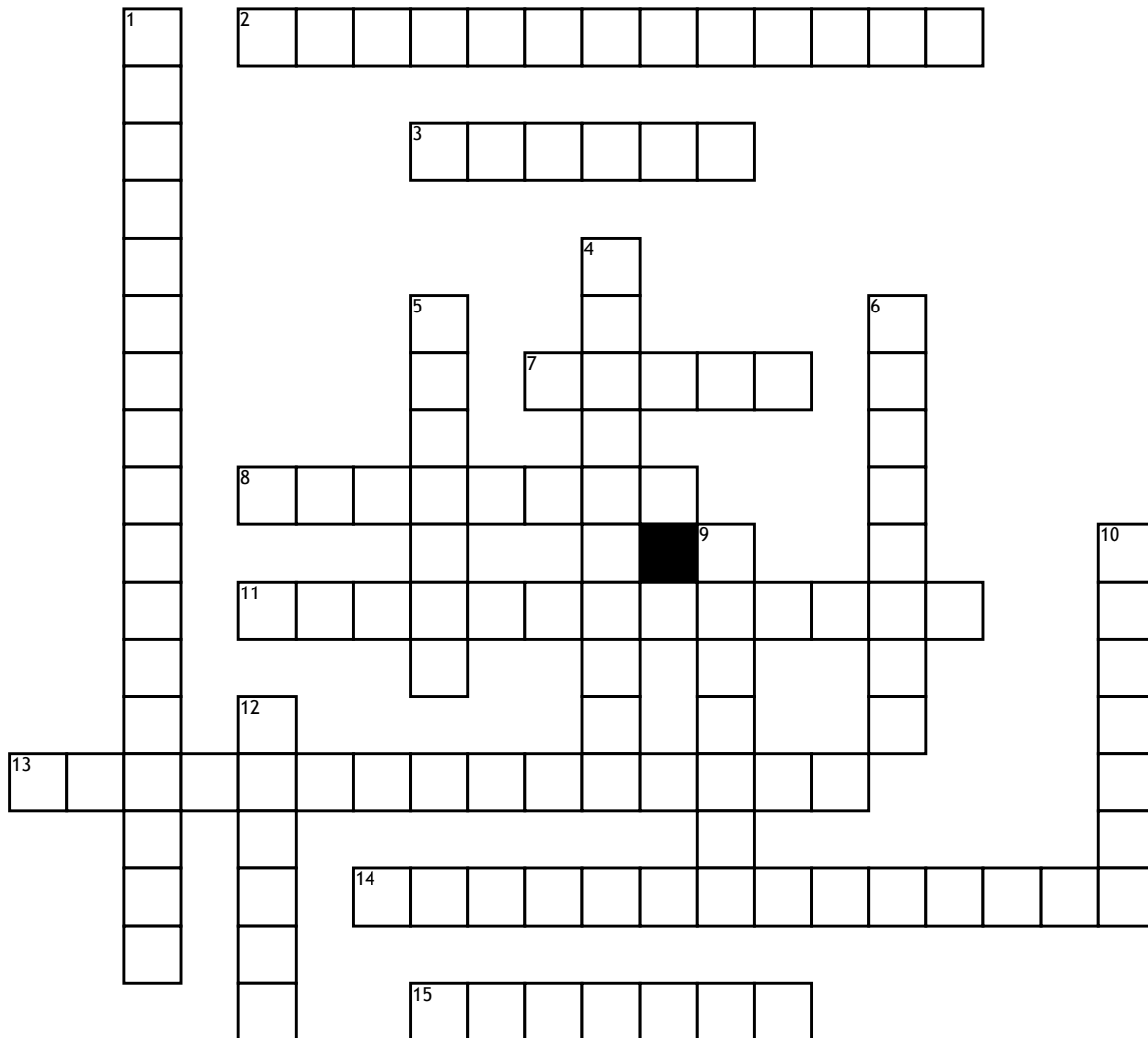


Name: _____

Date: _____

Muscular System



Across

2. An involuntary non-striated muscle
 3. A muscle whose contraction bends a limb or other part of the body.
 7. Rhymes with tricep
 8. This straightens the angles between body parts.
 11. The muscle on the outer wall of your heart.

13. The Muscles Attached to your bones

14. Your Butt Muscle

15. Helps Build More Muscle

Down

1. Cells of the smooth Muscles
 4. What proteins are made up of.
 5. What you should do before you work out so you don't pull a muscle.

6. You might say this about a weight lifter. "Wow you are so _____".

9. these things Help you move

10. Muscles on the back side of the upper most part of your arm.

12. Bundles of collagen fiber that attach muscles to bones.