

Name: _____

Date: _____

Nervous2

- | | |
|--|-----------------|
| 1. disorder where someone has interrupted breathing while sleeping. | A. Sleep Apnea |
| 2. disorder where someone has uncontrolled sleepiness during daytime | B. somnambulism |
| 3. Someone cant sleep | C. Narcolepsy |
| 4. Uncontrollable grinding of teeth while sleeping. | D. Hypothalamus |
| 5. Someone has some control over all or some aspects of their dreams. | E. kill |
| 6. Another name for sleep walking? | F. Bruxism |
| 7. There are ____ stages of sleep? | G. Lucid |
| 8. Center of the brain is located in the _____ | H. third |
| 9. The 1st stage of sleep is the _____ | I. lightest |
| 10. The_____ stage of sleep is described as a pattern of which are slow. | J. Fourth |
| 11. Not sleeping can ____ you. | K. walk |
| 12. Dreams occur during the _____ stage of sleep. | L. Four |
| 13. People normally sleep _____, talk, or wet the bed during the third stage of sleep. | M. Insomnia |