

Name: \_\_\_\_\_

Date: \_\_\_\_\_

# Niacin (B3)

V C D S A W O D E U R E G J W L C  
Y M Y E J I Q I S H V C G F C D I  
S N A T L O L A O E D N N O E R S  
R S U O A U I R C T A A V R H Q O  
P G X D M I J R U L R L M V D E Y  
N O H L D H E H L I B A Z I I N T  
X I V X T A B E G C T B E C C E N  
P T M A D S A A D I O B Q H U R V  
E C E A H O D V T Q O Y S Z M G S  
L D Y B T W J I W R C Q N H X Y H  
L H O X N I S G R Y R Y V R E D E  
A U D K I I V A Y Y W E E D T H A  
G U J W C M S I L O H O C L A W L  
R J E H A U H D E M E N T I A H T  
A N L T I A P C Z N Q G Z S M M H  
U P F N N L O R E T S E L O H C P  
M F N A W S N B K U M D N H N A A

cholesterol	dermatitis	alcoholism	pellagra
diarrhea	dementia	vitamin	glucose
balance	niacin	health	energy
heart	death	red	