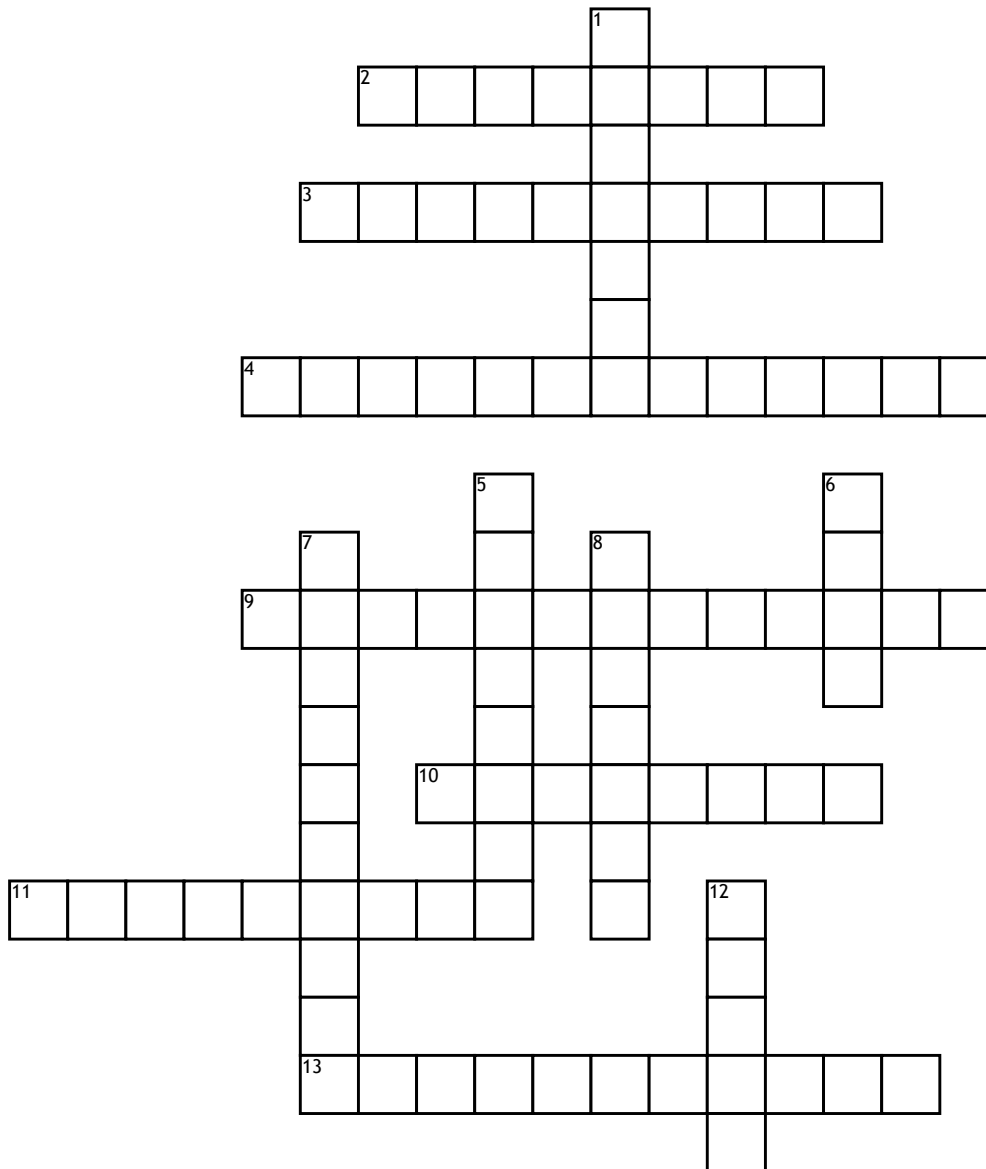


Nutrient



Across

2. Elements needed in small amounts to maintain health and function
 3. Compounds in proteins used by the body to build and repair tissue
 4. Neutral fats
 9. Chief source of energy

10. Organic substances that occur in plant and animal tissues
 11. Organic and inorganic chemicals in food that supply energy

13. Saturated fats

Down

1. Food products grown without the use of chemical pesticides, herbicides, or fertilizers

5. Build and repairs body tissue

6. Lipids

7. Producing or promoting tooth decay

8. U.S. government's primary food group symbol

12. "The forgotten nutrient"