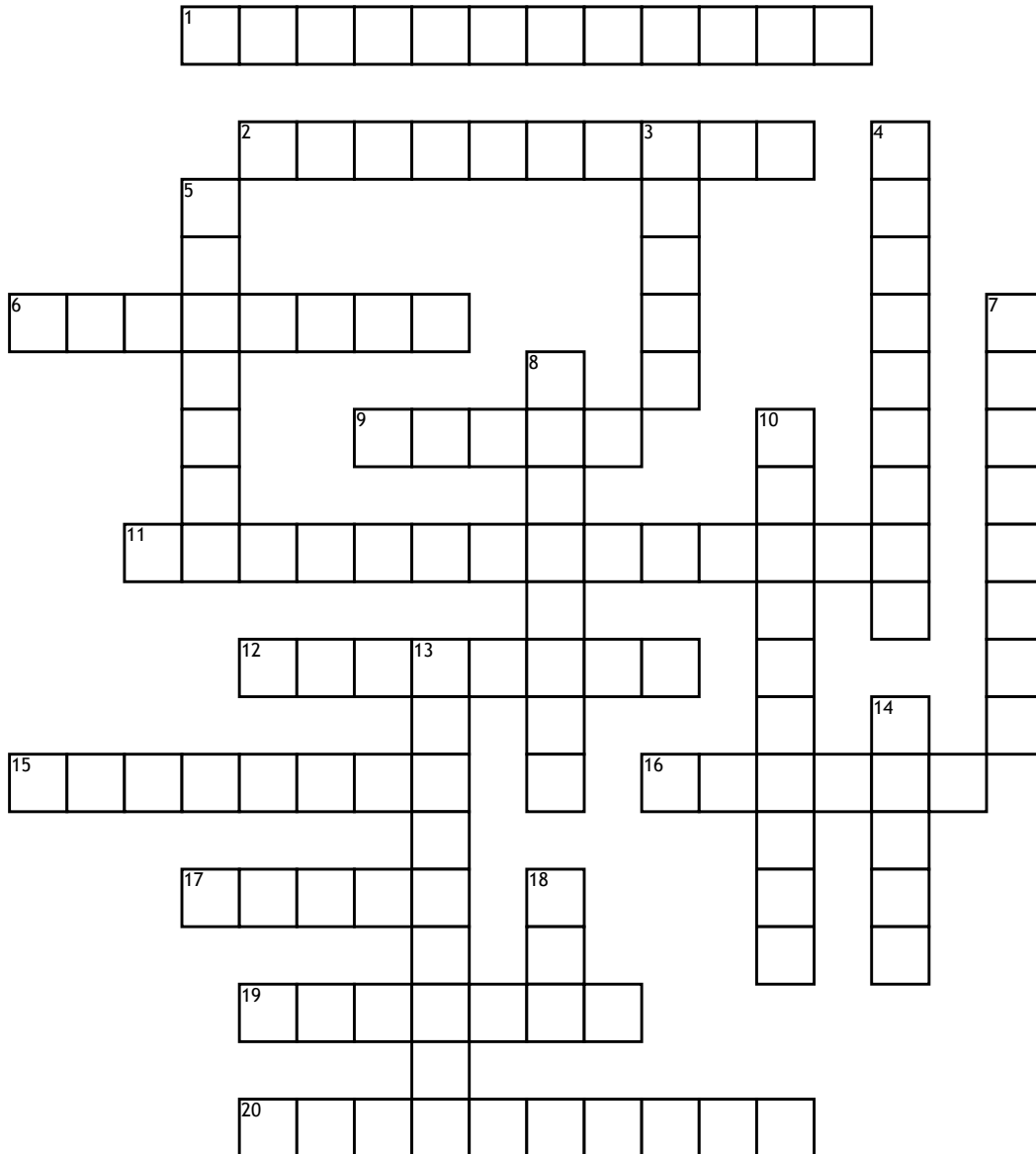


# Nutrients Crossword



**Across**

- 1. a liquid or gel that contains ions
- 2. something on the side a cereal box or a food package
- 6. the energy needed to raise the temperature of 1 gram of water
- 9. poisonous
- 11. healthier in the diet than saturated fat
- 12. a natural desire to satisfy a bodily need
- 15. a solid inorganic substance of natural occurrence

- 16. a condition marked by a deficiency of red blood cells
  - 17. a person who does not eat or use animal products
  - 19. an emotional disorder involving distortion of body image
  - 20. made with or containing whole unprocessed grain
- Down**
- 3. any of a class of organic compounds that are fatty acids or their derivatives
  - 4. a substance that provides nourishment essential for growth

- 5. any of a class of nitrogenous organic compounds
- 7. a lack or loss of appetite for food
- 8. any of a group of organic compounds that are essential for normal growth
- 10. a lack or shortage
- 13. absolutely necessary
- 14. a thread or filament from which a vegetable tissue, mineral substance, or textile is formed
- 18. a weight-to-height ratio