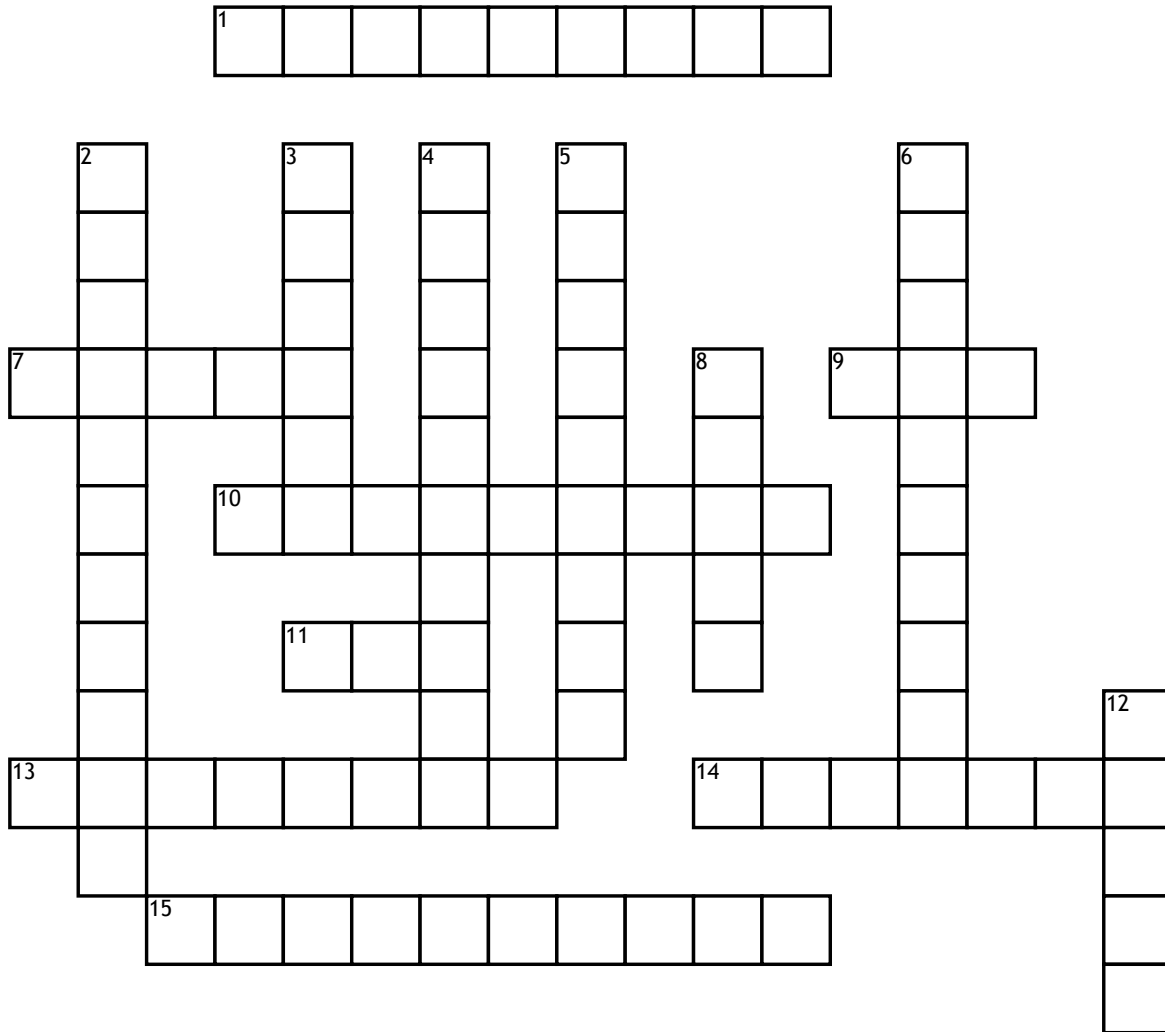


Name: _____

Date: _____

Nutrition



Across

- 1. Mechanical breakdown of food from chewing, churning, and mixing with chemicals
- 7. Critical for cell function and replacing fluid loss
- 9. nothing by mouth
- 10. difficulty swallowing

11. Body mass index

13. A,B,C,D,E,K

14. chicken, beef, nuts

15. Diet: ice cream, pudding, soup

Down

2. Diet: water, broth, jello, apple juice

3. minutes to sit upright after eating

4. Small intestine is primary sight

5. carrot, broccoli, spinach

6. Juice to avoid

8. Milk, cheese, yogurt

12. "I" in I&O