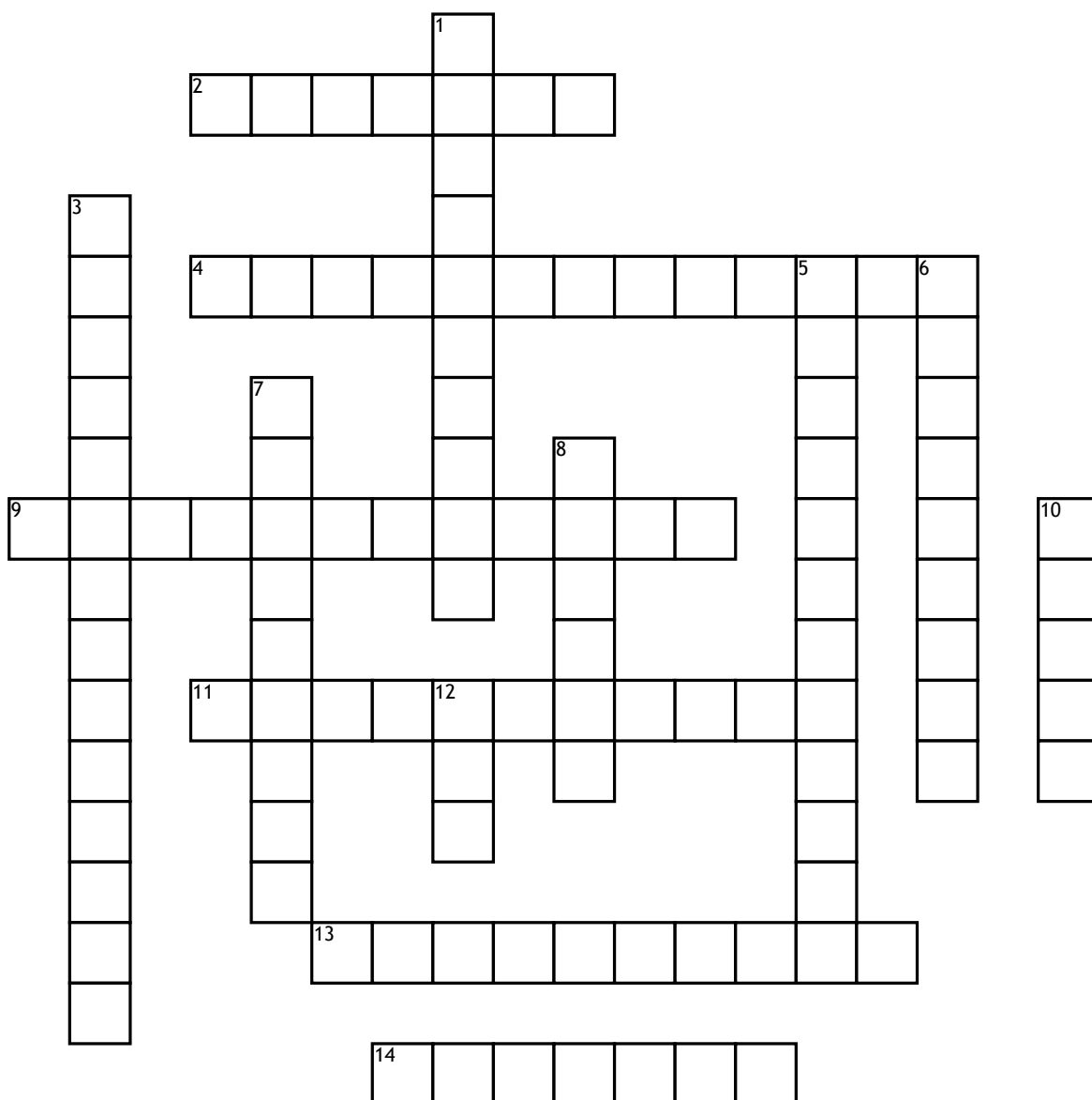


Name: _____

Date: _____

Nutrition



Across

2. Essential organic catalysts of metabolism

4. To what food group does starch belong?

9. Correct foods are eaten in the correct amounts

11. A organic molecule that cells require to stay alive

13. State the test for fat

14. Name a reducing sugar

Down

1. Of what sub-units are proteins made?

3. Cellulose is an example of a structural

5. It is made from three fatty acids molecules and one glycerol molecule.

6. A fat that causes a build up of cholesterol

7. Name the reagent used to test for a reducing sugar

8. To test for protein, what reagent did you use?

10. When starch is present, what colour is observed ?

12. A type of lipid that is liquid at room temperature