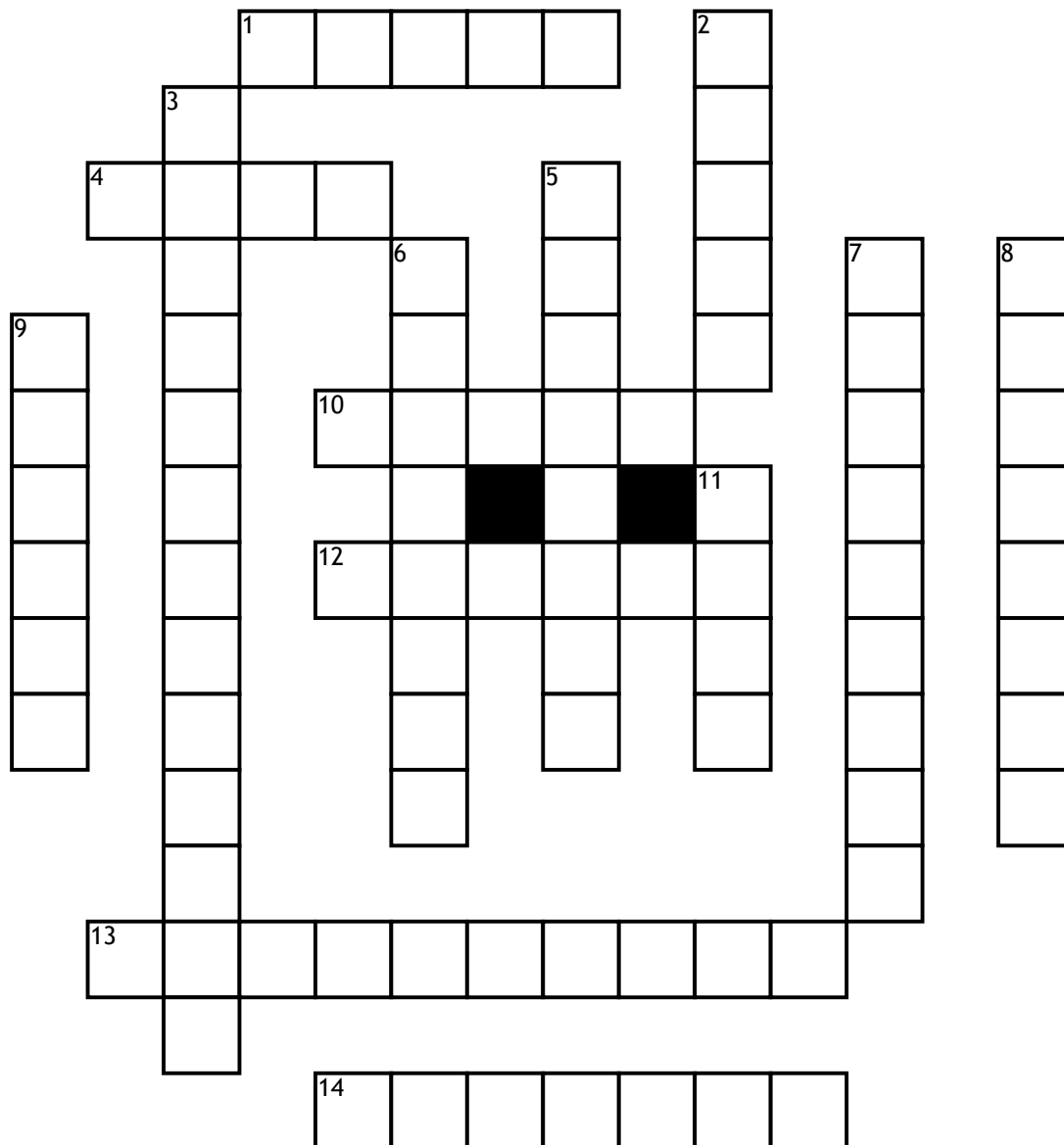


Name: _____

Date: _____

Nutrition



Across

1. Good For Digestion

4. Provides Warmth

10. These Are Also Made Strong By minerals

12. Proteins Does This To The Body

13. These Counts towards 5 A Day

14. Good For Bones And Teeth

Down

2. Calcium Is Required To Strengthen Them

3. Provides Energy

5. For General Health

6. Found In Meat, Fish And Eggs

7. Food Groups

8. Helps The Body To Grow

9. We Need This Everyday

11. Good For Blood