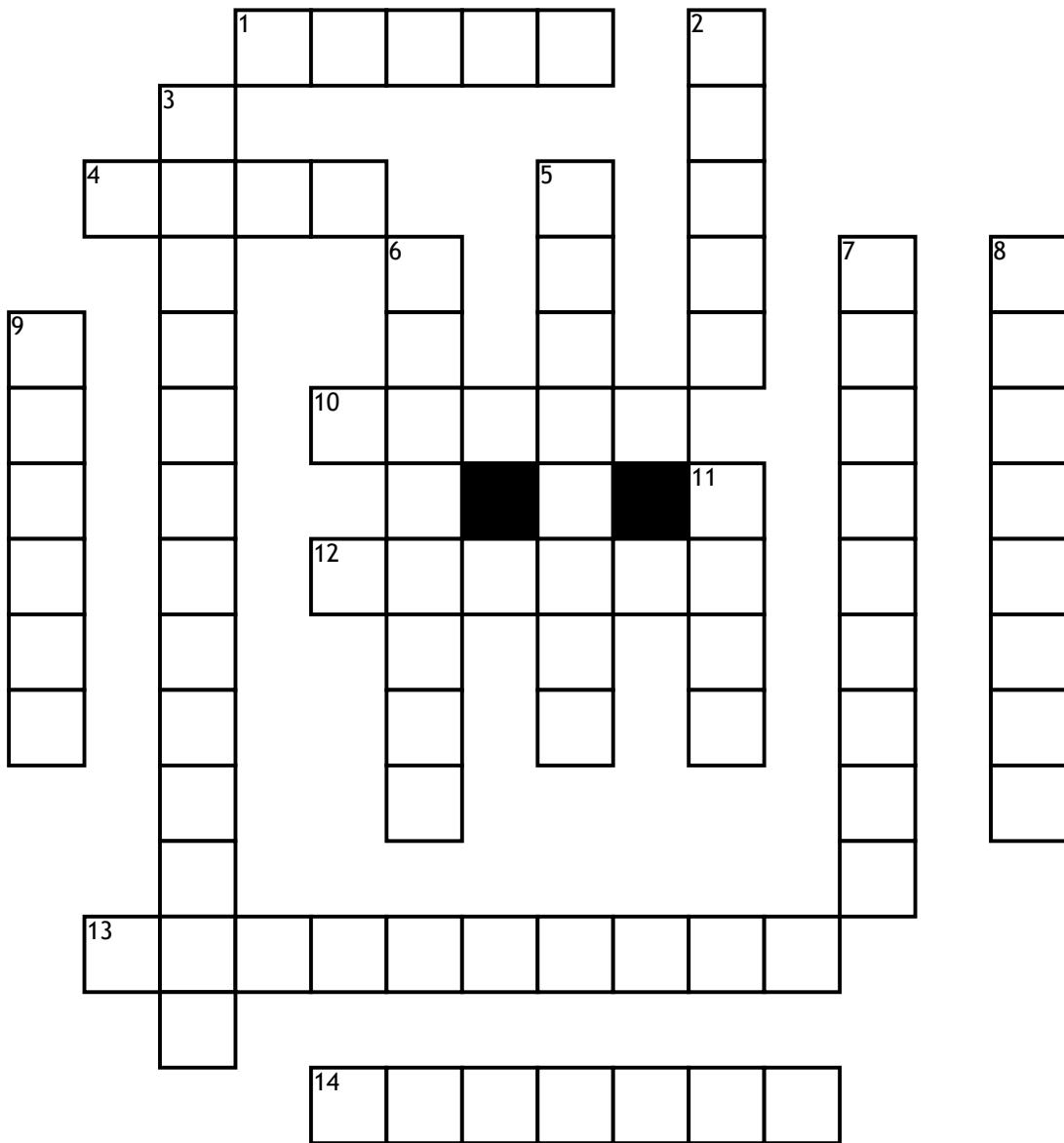


Name: \_\_\_\_\_

Date: \_\_\_\_\_

# Nutrition



## Across

- 1. Good For Digestion
- 4. Provides Warmth
- 10. These Are Also Made Strong By minerals
- 12. Proteins Does This To The Body

13. These Counts towards 5 A Day

14. Good For Bones And Teeth

## Down

- 2. Calcium Is Required To Strengthen Them
- 3. Provides Energy

5. For General Health

6. Found In Meat, Fish And Eggs

7. Food Groups

8. Helps The Body To Grow

9. We Need This Everyday

11. Good For Blood