

Name: _____

Date: _____

Nutrition

B P R M V D D N R A E L H R O C Z
S N E E R G Y F A E L W J H J K E
G A T F R U I T V C C A O Q K Z F
R S E L B A T E G E V L C G I T Z
E W F O O D G U I D E K E S G D X
T D E I Z F I K R I K I G S Y E L
A M E R U N N I N G O N F Y C Z L
W D E X L T W H E S I G R K T L A
P O A A E I H Y E V O X C D O Y B
K S F E T R V O R A I C P Z E S T
S L L X R T C E O E L T C K R N E
E R I E L B S I A E G T C E A N K
G N W M D M K T S Z O O H A R C S
N W O Z W D W Z R E H J Q Y O C A
A Y R S F E I S E M A G D R A O B
R J G Z L F L N B A O U G G J S X
O S X L G P Y N G V I P R Q M C B

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|--------------|--------------|-------------|------------|
| SERVING SIZE | LEAFY GREENS | BOARD GAMES | FOOD GUIDE |
| BASKETBALL | VEGETABLES | EXERCISE | EAT WELL |
| SLEDDING | HEALTHY | WALKING | RUNNING |
| HOCKEY | SOCCER | ACTIVE | ORANGE |
| LEARN | WATER | FRUIT | GROW |
| READ | MILK | MEAT | TAG |