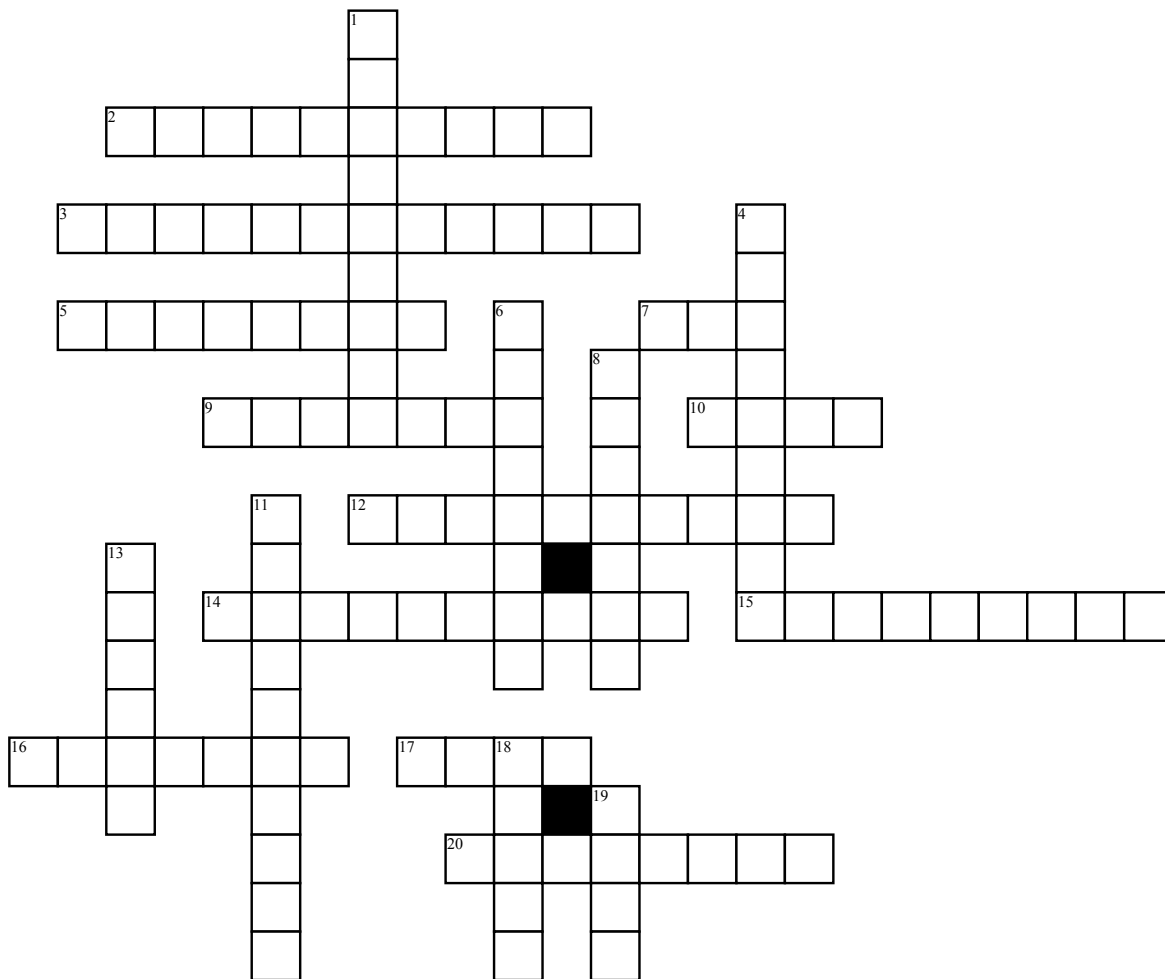


Name: _____

Date: _____

Nutrition Crossword Puzzle



Across

2. Self-starvation and over
 3. A condition in which there is the progressive loss of bone tissue.
 5. The number of calories you need each day just to maintain basic body
 7. A desire rather a need, to
 9. The practice of not eating meat or fish, especially for moral, religious, or health
 10. Of an amino acid or fatty acid required for normal growth but not synthesized in the body and therefore necessary in the

12. A disorder characterized by compulsive
 14. A lack or shortage
 15. Proteins are made of long chain of
 16. Condition if the blood to carry oxygen is
 17. A harmful reduction in the amount of water in the
 20. That is high in nutrients but relatively low in

Down

1. An
 4. A nonfood form of one or more

6. Binge and purge
 8. Minerals that help maintain the body's fluid
 11. The condition of being grossly fat or
 13. Muscles, organ, skin, hair,
 18. Harmful eating behavior that can cause serious illness or even
 19. Process of the body breaks down substances and gets energy from