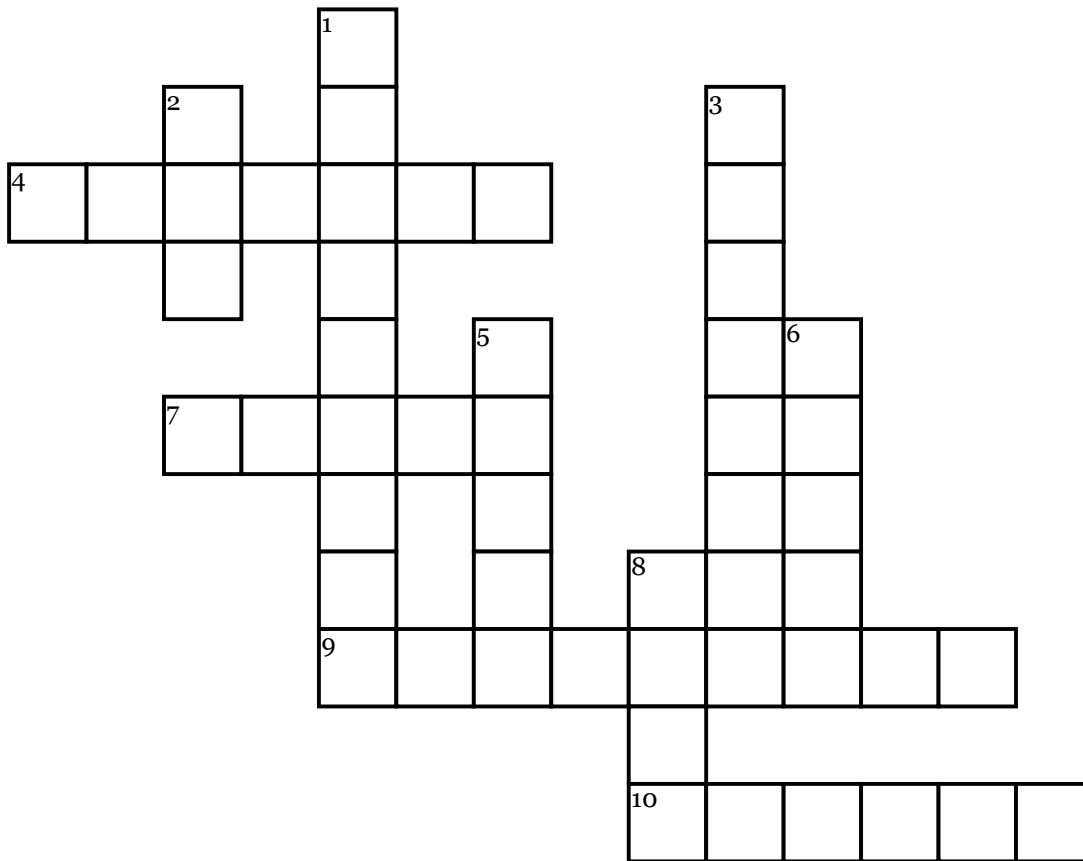


Name: _____

Date: _____

Nutrition Crossword



Across

- 4.** When you are in a good physical and mental condition
- 7.** A tasteless, transparent liquid that is used for many things such as drinking and showering
- 9.** A substance that provides nourishment essential for the maintenance of life and for growth
- 10.** When you are in the state of feeling weak because of the need of food or drink

Down

- 1.** The process of providing or obtaining food for health and growth
- 2.** It is known for making people big because they eat too much oily, junk food
- 3.** A desire for food or drink
- 5.** A sweet fleshy product that comes from a tree or a plant
- 6.** A small, hard seed of a food plant such as cereal or wheat
- 8.** An edible creature with gills and fins that lives in the sea and ocean