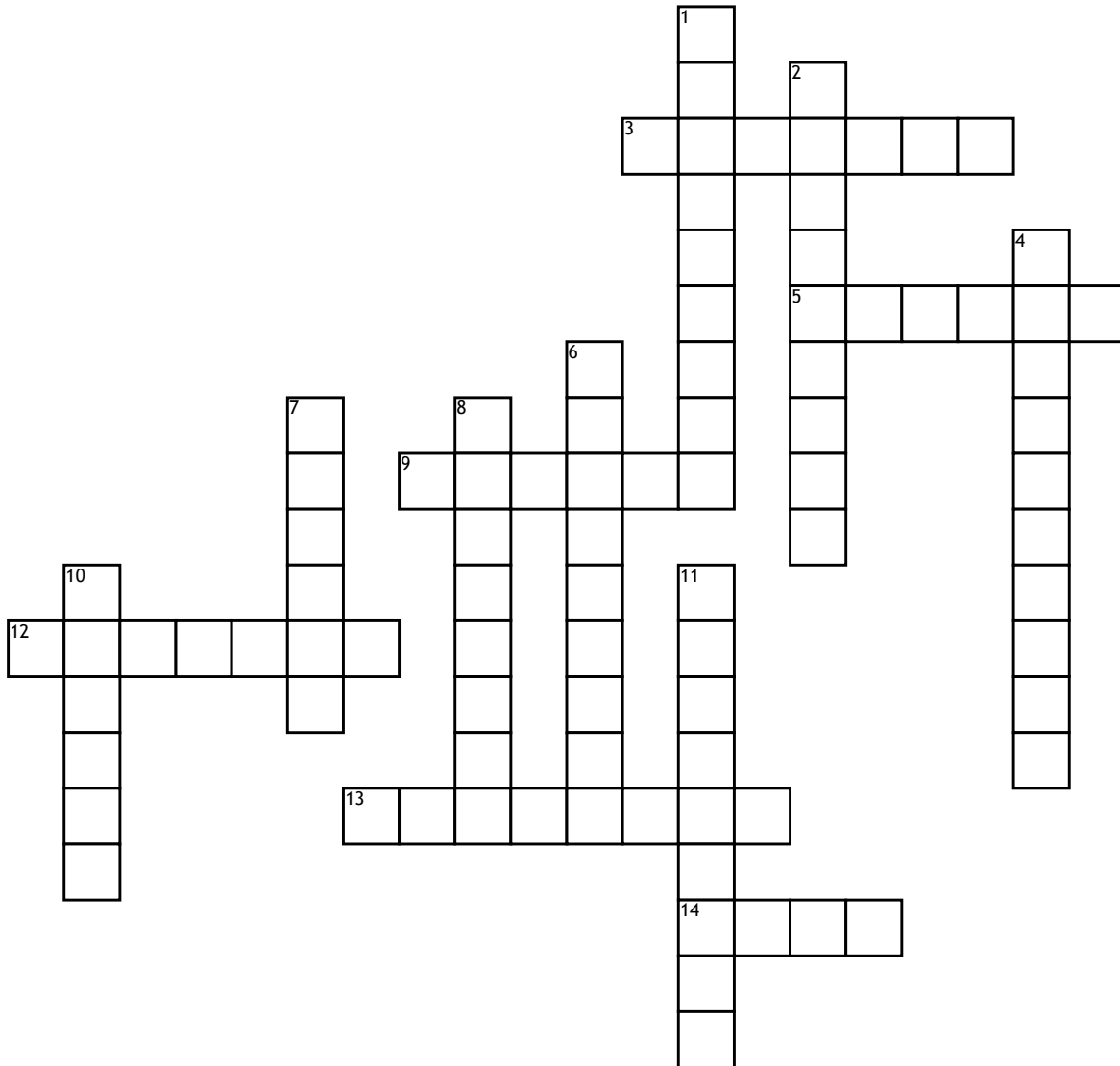


Nutrition- Dietary Supplements



Across

- 3. Reduces the risk of breaking bones
- 5. Used to reduce abnormal levels of blood fats
- 9. Used to reduce total cholesterol and LDL
- 12. Used to reduce triglycerides in the blood
- 13. Can improve thinking skills

14. Helps to reduce anemia

Down

- 1. Used as a prevention for urinary tract infections (UTIs)
- 2. Can reduce cold or flu symptoms if taken at first the sign
- 4. Required for growth, development, and function of cells

- 6. Used to adjust the body's internal clock
- 7. Used as a natural way to lower cholesterol
- 8. Used to reduce migraine headaches
- 10. Used to prevent morning sickness or motion sickness
- 11. Used for constipation