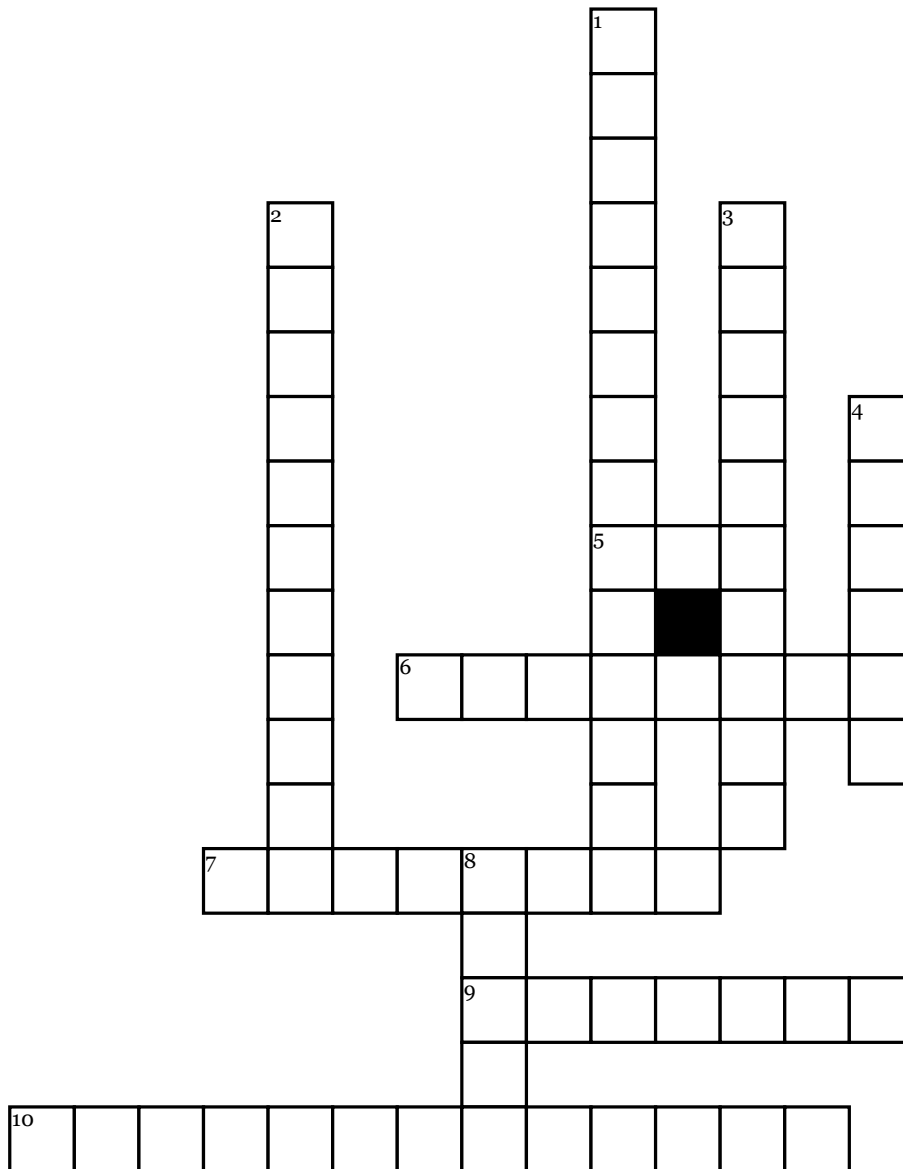


Name: \_\_\_\_\_ Date: \_\_\_\_\_ Period: \_\_\_\_\_

# Nutrition Fun



## Across

5. What is it called when nutrients prevent deficiencies?
6. What is it called when want to eat something?
7. What's a simple sugar that fuels your body?
9. What helps build body tissue?
10. What's the sugar in your food called?

## Down

1. What is it called when nutrients are only needed in small amounts?
2. What is the fat like substance in your liver?
3. What makes up protein?
4. What is it called when you are close to starving?
8. What is a fatty substance called?