

Name: _____

Date: _____

Nutrition

A F P H S B Y D C C K R K V R B V
B C T C X G F A A O V I T A M I N
Q S D E R N G I R N B X W P S A S
I D E E Q Y Q L B U Z M L C G K T
T I N G U I C Y O T I F X B N U S
A E Y E B N L V H R E P E M U Q D
F G R M M C I A Y I O R C U T S I
D S H T F U Y L D E T O L I R A E
E C L E P L J U R N J T O S I M T
T K D C M G A E A T G E Q S T Z H
A S M P F A T R T S P I E A I H M
R D U L I L I Z E V C N I T O J E
U O I F S N A O S N V E R O N Z Y
T H D Y W K V B W Y I C O P I G M
A V O U D E C B E R E M L C B Q U
S A S A V K W Q W L Y A A Q V S H
G T K C C B O C H D E F C L U U P

saturated fat

carbohydrates

daily value

potassium

nutrients

nutrition

mineral

vitamin

calorie

protein

energy

sodium

label

diet

fat