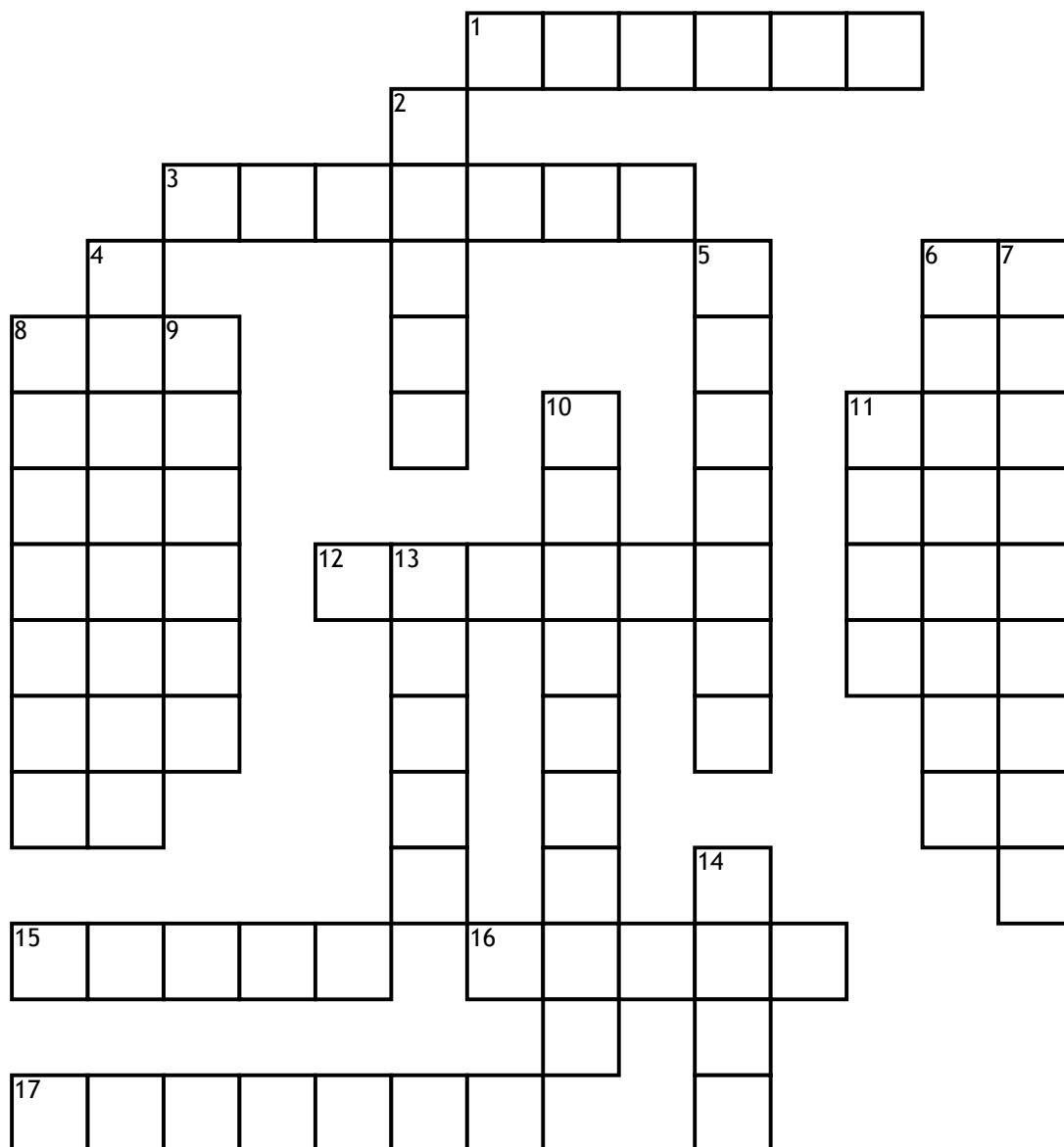


Name: \_\_\_\_\_ Date: \_\_\_\_\_

# Nutrition & Hydration week



## Across

- 1. Dairy product
- 3. Italian recipe
- 12. Vegetable
- 15. Spicy meal
- 16. Citric fruit
- 17. Type of fish

## Down

- 2. H2O
- 4. Type of melon
- 5. Type of cheese
- 6. Anagram of stain
- 7. First meal of the day

## 8. White meat

## 9. Hot beverage

## 10. Herb

## 11. Pasteurised or uht

## 13. An ..... A day keeps the doctor away

## 14. Mulligatawny