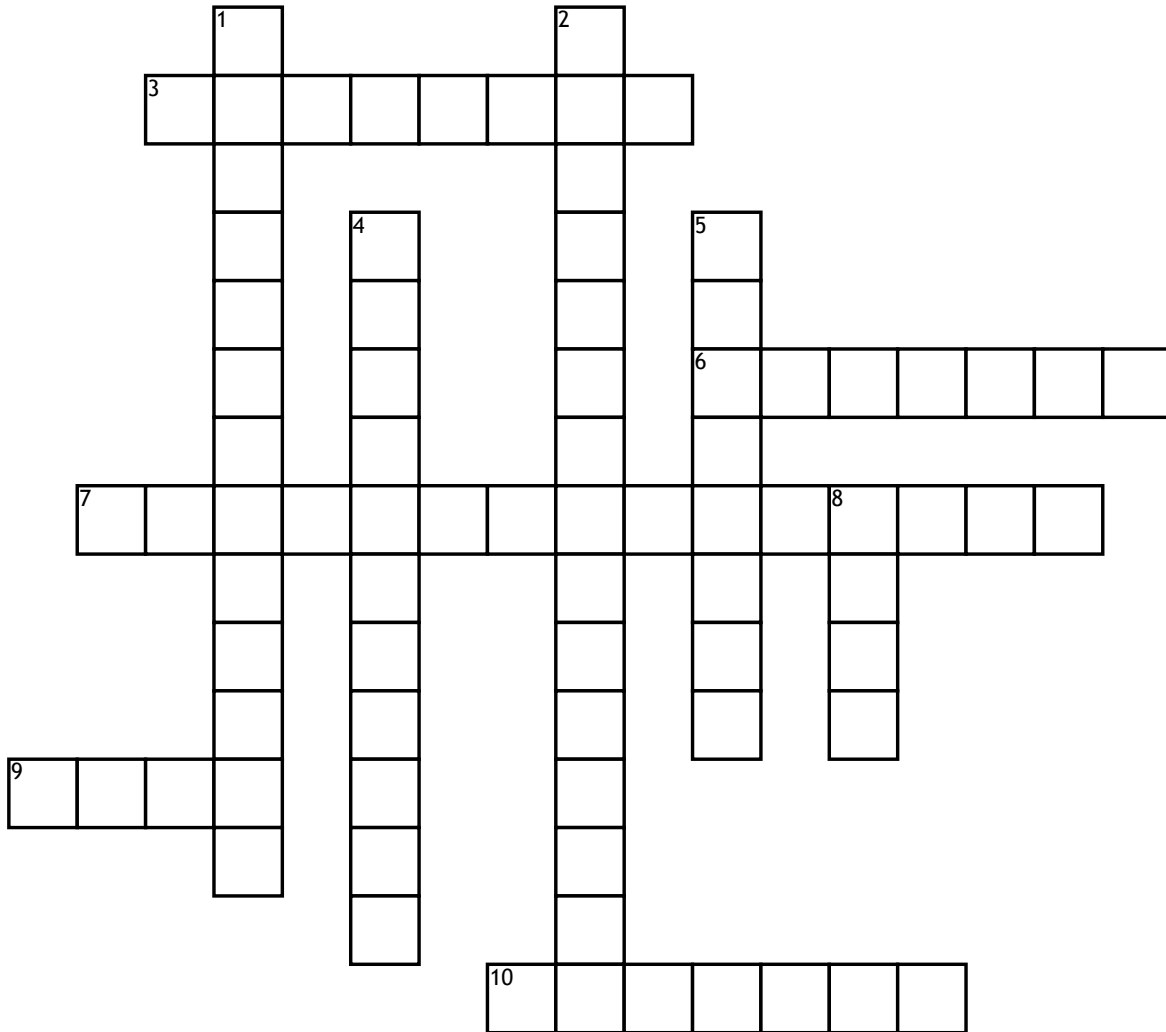


Nutrition and Meal Preparation



Across

- 3. What is one source where we can check if clients have allergies?
- 6. A sensitivity to a food substance that causes the body to have a reaction?
- 7. A noticeable reaction to food that causes indigestion?
- 9. Scratch? is the what do see if someone has allergies?
- 10. What is the food that children are most allergic to?

Down

- 1. Milk, yogurt belong to what food group?
- 2. Milk, breads, fish are found in what guide?
- 4. The strength of a reaction to an allergy?
- 5. A person who has too high or low blood sugars is called a?
- 8. A source of protein that can boiled or fried?