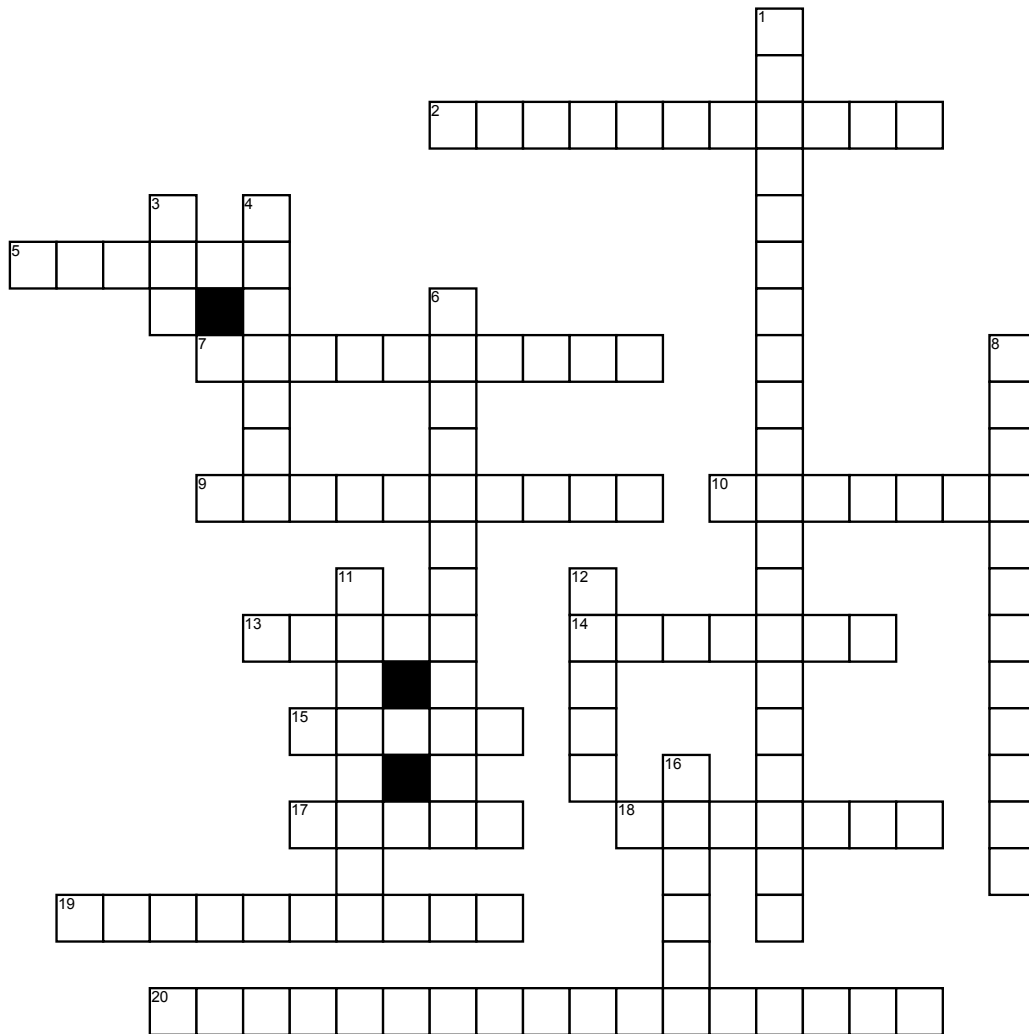


Name: _____

Date: _____

Nutrition



Across

2. loss or removal of water from something
5. lack of iron
7. Nutrition fact on products
9. chemical process that occur in living organism
10. Sugar
13. Fats
14. being over weight

15. person who does not use or eat animal products
17. type of carbohydrate that body can not digest
18. Eating disorder
19. Lacking vitamins in your body
20. missing essential amino acids

Down

1. Dissolves in water

3. Body Mass Index
4. Is a unit of energy
6. Sugar, starches, fiber
8. Bones becomes weak and brittle
11. Desire to eat something
12. Poisonous
16. Starving to eat

Word Bank

Incomplete protein
Osteoporosis
Appetite
Obesity
Food Labels

Glucose
Calorie
Toxic
Deficiency
Fiber

dehydration
Lipid
Metabolism
Hunger
Water soluble vitamins

Anemia
Vegan
BMI
Carbohydrate
Bulimia