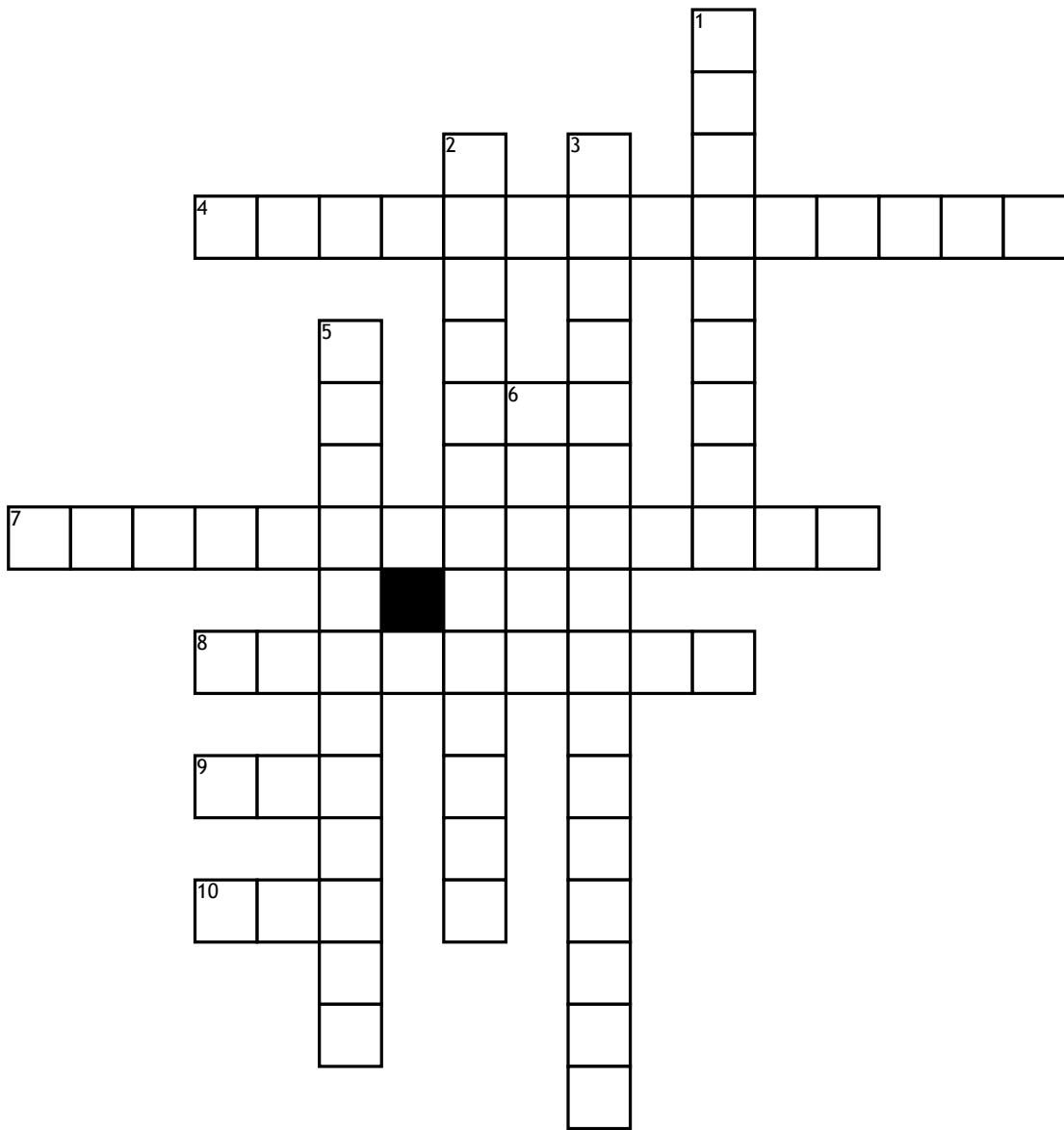


Name: _____

Date: _____

Nutrition



Across

4. are essential for other important functions in the body
7. provide energy
8. chemical substance that the body uses from foods that are consumed
9. Dietary reference intake
10. body mass index

Down

1. the study or science of how food nourishes the body
2. contributes to good health
3. based on life stage
5. imbalance of nutrients
6. advocates for the nutritional needs of clients