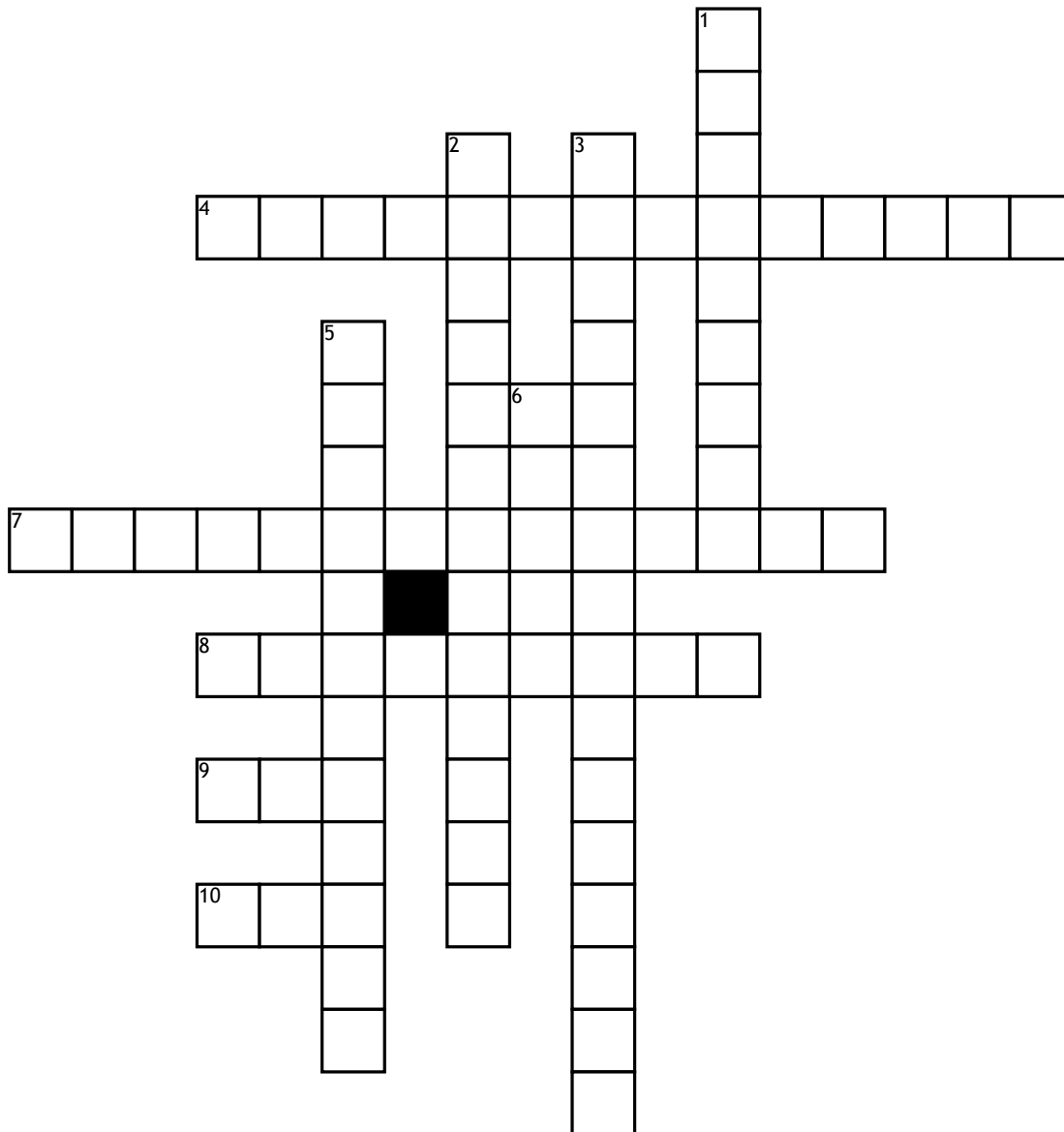


Name: \_\_\_\_\_

Date: \_\_\_\_\_

# Nutrition



## Across

- 4. are essential for other important functions in the body
- 7. provide energy
- 8. chemical substance that the body uses from foods that are consumed
- 9. Dietary reference intake
- 10. body mass index

## Down

- 1. the study or science of how food nourishes the body
- 2. contributes to good health
- 3. based on life stage
- 5. imbalance of nutrients
- 6. advocates for the nutritional needs of clients