

## <u>Across</u>

3. High in omega 3

5. \_\_\_\_\_ is called white death.

**6.** When you pause in breathing while asleep.

8. Which country is the most obese?

**10.** A drink with high sugar called\_\_\_\_\_.

**11.** The most common method of measuring obesity is called\_\_\_\_\_.

## <u>Down</u>

1. There are many \_\_\_\_\_ to obesity.

2. Cheese and yogurt contains a lot

of \_\_\_\_\_.

**4.** Another word for high blood pressure.

- 7. You are what you \_\_\_\_\_.
- 9. Better \_\_\_\_\_ than fry