

Name: \_\_\_\_\_

Date: \_\_\_\_\_

# Osgood Schlatters

K J I J W P E D S U S F I X Q Y X P Q V H N E P  
Q X D V U C X C E W R H S T R E T C H I N G K Z  
Q U U A I Z W C B O N E C X X K G M E R T F H S  
Z U T B W F H F L A W Y D C J O I N T N Q C T B  
M Q J X S T I M S K E P I P H Y S E A L R O A C  
I L I C W R L S I O C P M P B R X D I A H T P T  
T F B O O L T L D O V E R U S E T K L H Z K K A  
R X R D N E E I P K U S T R J A N L P J N W C S  
O G D I N L Z S M A D N V V G W E T I E O Z S H  
K Q A D G F C K L I E A Y N C T C K E N P E T I  
L P O E L P A M I M D T N K A O S G K V R Y M K  
V N X M M V X A P F P H I P Y T E K N T I K K C  
M T O Q Q O S O N O D L F S D R L G S X D N H D  
T V Q L U M L X M D J E W M E Z O O B R S V T E  
B B U O O E J J W K P T I D Q L D Y G J J J S B  
O G X R V J E G J U R I V T W T A X U B Q B H O  
B J H E C H F H Y D A C W S P E C I R D A U Q U  
B O D T A U T T V B M S Y S G C Y G M O B L G Y  
X L I C R E L A X A T I O N J T T R L G M Z W J  
S I B U P R O F E N N L Z J K Z T T A X L E G E  
C M P J I O M E L H W V E W G C R E W V B E H Y  
N K O O N R E T T A L H C S D O O G S O V V B C  
T I V L W G X F C N M X G N I J X S Y T C L T I  
L A G T S I W F K H E Y E M N F O D R P T X T C

OsgoodSchlatter	Development	Adolescent	Epiphyseal
Quadriceps	Relaxation	Stretching	Athletics
Ibuprofen	Overuse	Patella	Growth
Stress	Tendon	Joint	Bone
Knee	Pain	Ice	