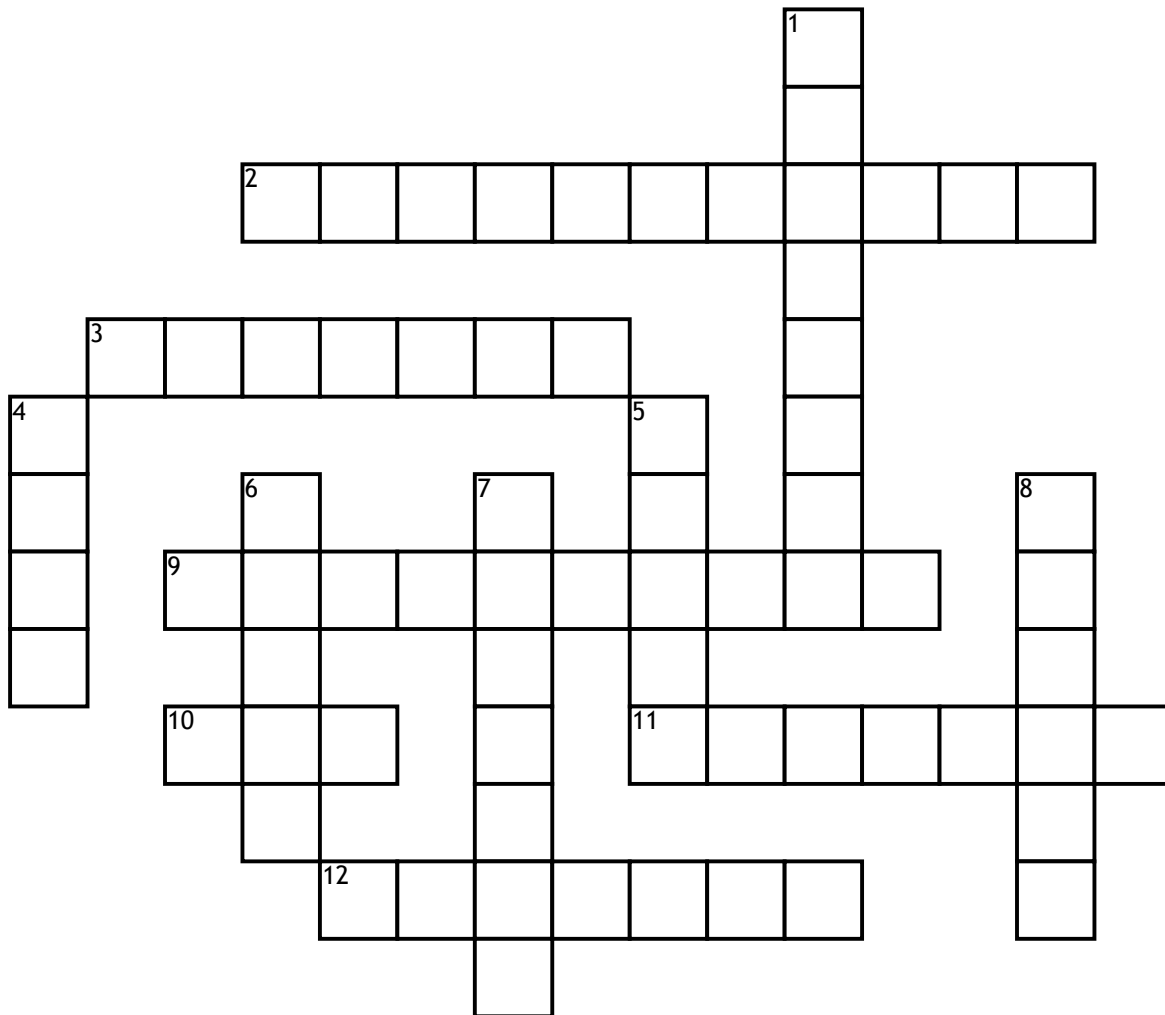


Name: _____

PE 2019



Across

2. One of the flexibility tests on the FitnessGRAM.

3. What is my teacher's last name?

9. One of the first stretches in our daily warmup

10. How many points do for participation do I get per day?

11. What we do at the beginning of every class period (-ing ending)

12. One of the upper body strength tests on the FitnessGRAM

Down

1. An activity requiring physical effort, carried out to sustain or improve health and fitness.

4. Type of sports we cover in Sophomore PE

5. Progressive Aerobic Cardiovascular Endurance Run

6. One of the three colors I can wear to PE class

7. What we do every Tuesday and Thursday.

8. How many points do I lose for a non-suit?