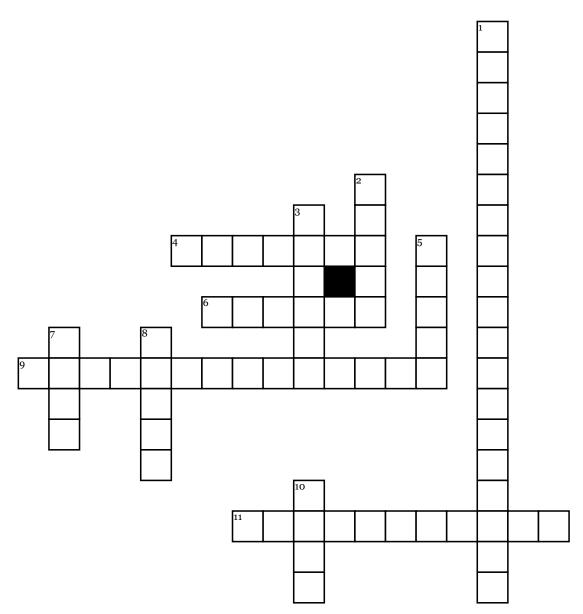
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## PE Crossword



## **Across**

- **4.** Takes a long time to learn the skill.
- **6.** When a skill is learnt without taking any breaks
- **9.** looking at the demonstration.
- **11.** A Set of targets Used to motivate performers and help avoid anxiety.

## **Down**

**1.** Doing something for the fame and money.

- **2.** Usually used when using closed skill.
- **3.** When the environment is unchanging or constant.
- 5. When you practice all of the skill.
- 7. A small movement which involves small muscle groups.
- **8.** A simple skill to learn.
- **10.** Braking down the practice into small steps.