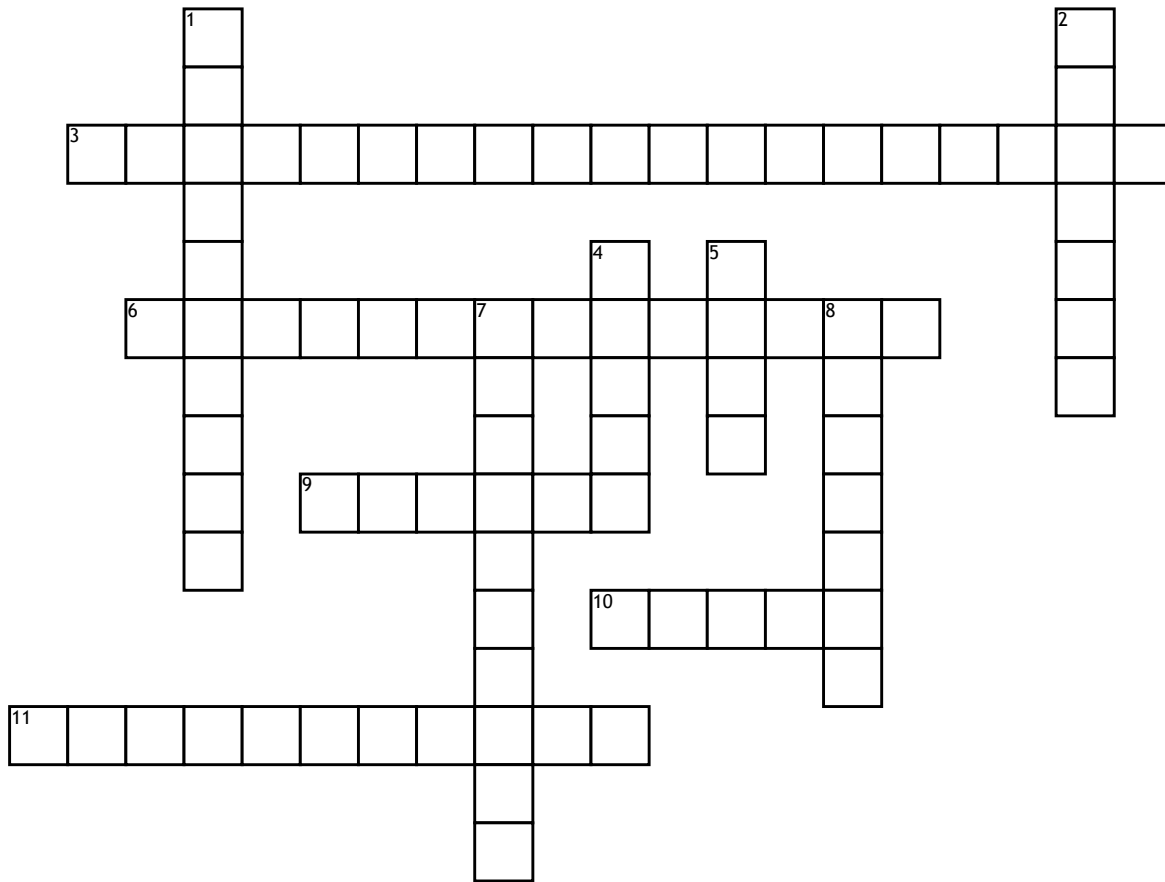


Name: _____

Date: _____

PE Crossword



Across

- 3. doing something for money or silverware
- 6. when your coach holds you in a certain position
- 9. the environment is consistent or unchanged
- 10. used for practising basic skills
- 11. a skill that you practice a lot in repetition

Down

- 1. the direction and intensity of ones efforts
- 2. the state of being alert and ready
- 4. keep practising in the same environment
- 5. the breaking down of a complex skill
- 7. large movements which involve large groups of muscles
- 8. take a long time to learn and involve high levels of coordination and control