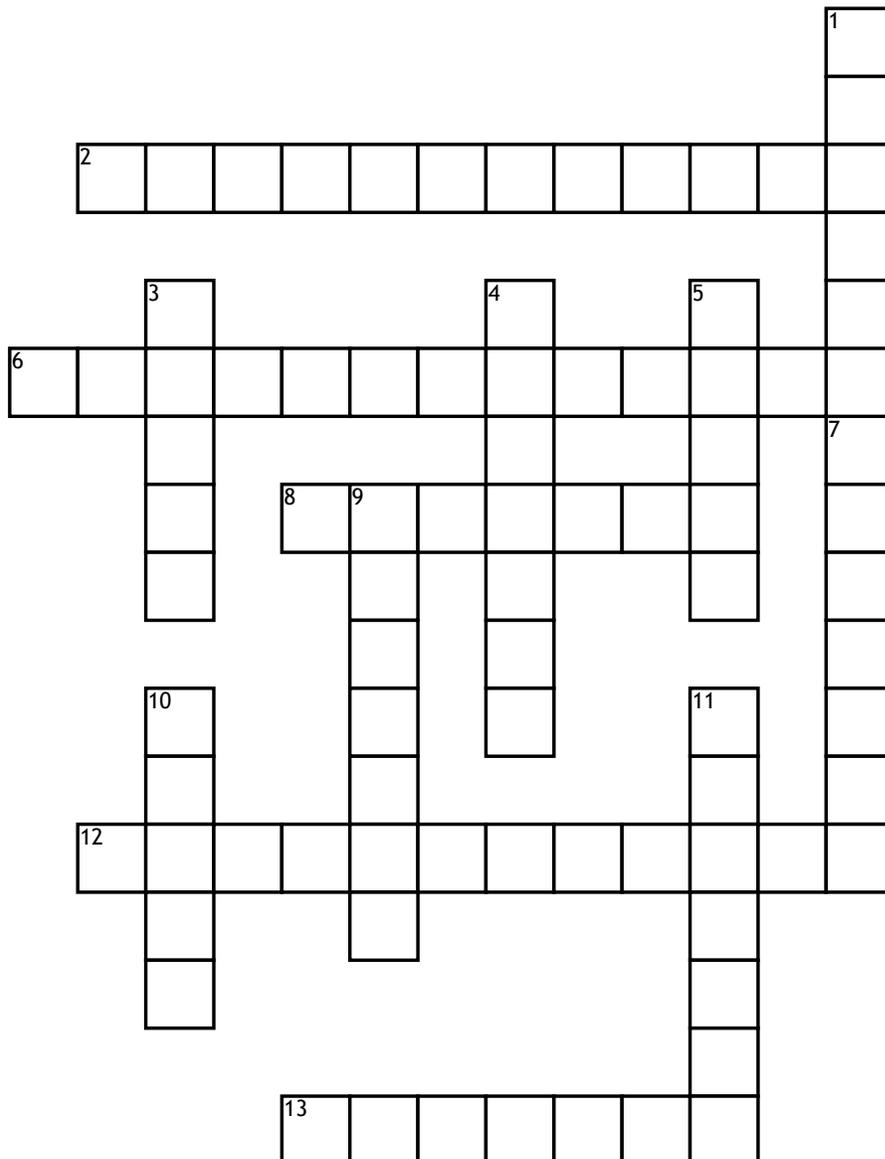


P.E. Semester Exam (2nd Semester)



Across

2. The ability to reach or respond quickly to what you hear, see, or feel

6. The organization of the different elements of a complex body or activity so as to enable them to work together effectively

8. I stay upright when I am inline skating which means I have excellent _____

12. An athlete quickly coming off the blocks early in a swimming or track relay is an example of a _____

13. The ability to change and control the direction and position of the body while maintaining a constant, rapid motion

Down

1. The ability to move your body or parts of your body swiftly

3. The ability to move the body parts swiftly while applying the maximum force of the muscles

4. The ability to control or stabilize the body when a person is standing still or moving

5. Fullbacks in football muscling their way through other players and speeding to advance the ball is an example of _____

7. To perform the motion of a baseball pitcher, go from a knee-up position to a dynamic motion of the pitch, to a standing position at the follow through requires _____

9. Being quick and graceful as you change directions to hit a tennis ball means you have excellent _____

10. Perform shuttle run between two lines can improve your _____

11. Running through tires fast in different directions is a tire drill: doing this can improve _____