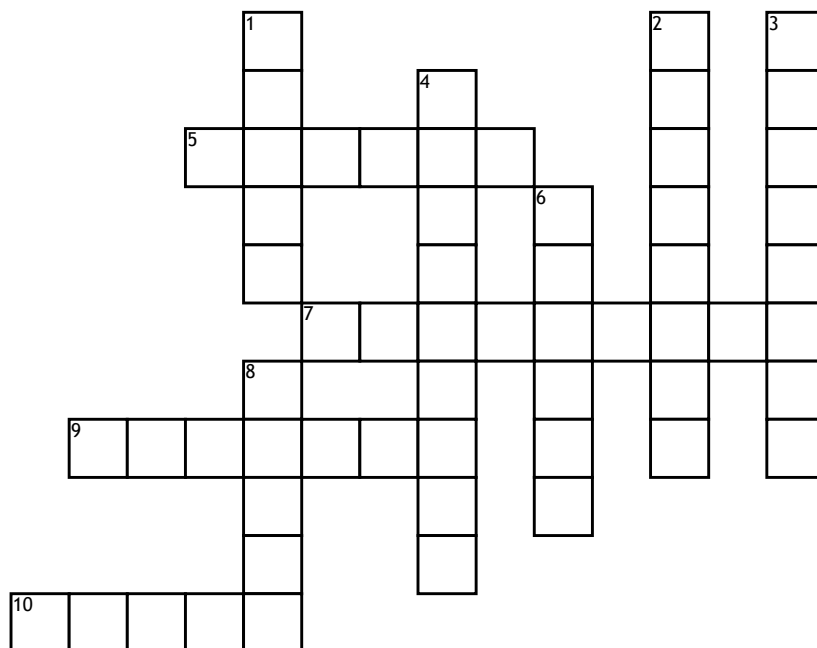


Name: _____

Date: _____

PE Year 7 KO 1-7



Across

5. A good diet will help you live.....

7. The respiratory system is used for

9. The H..... is a bone in the arm

10. What can improve concentration and alertness?

Down

1. The cardiovascular system pumps what around the body?

2. Electrolytes are salts which are lost while.....

3. Regular exercise can help you gain what beginning with 'S'

4. Flexion increases or decreases the angle of body parts?

6. What type of stretching is done alone?

8. The F..... is a bone in the leg.