

2. without it we would Across be a pile of mass organs 3. a U shaped bone 5. type of joint 4. flexion at elbow 6. lengthening 7. holds bones together antagonistic muscle in a 8. pointing the toe frontal raise when your 10. limbs move away from taking the weight down the mid-line of the body 9. the longest bone in Down the body 1. protects the brain