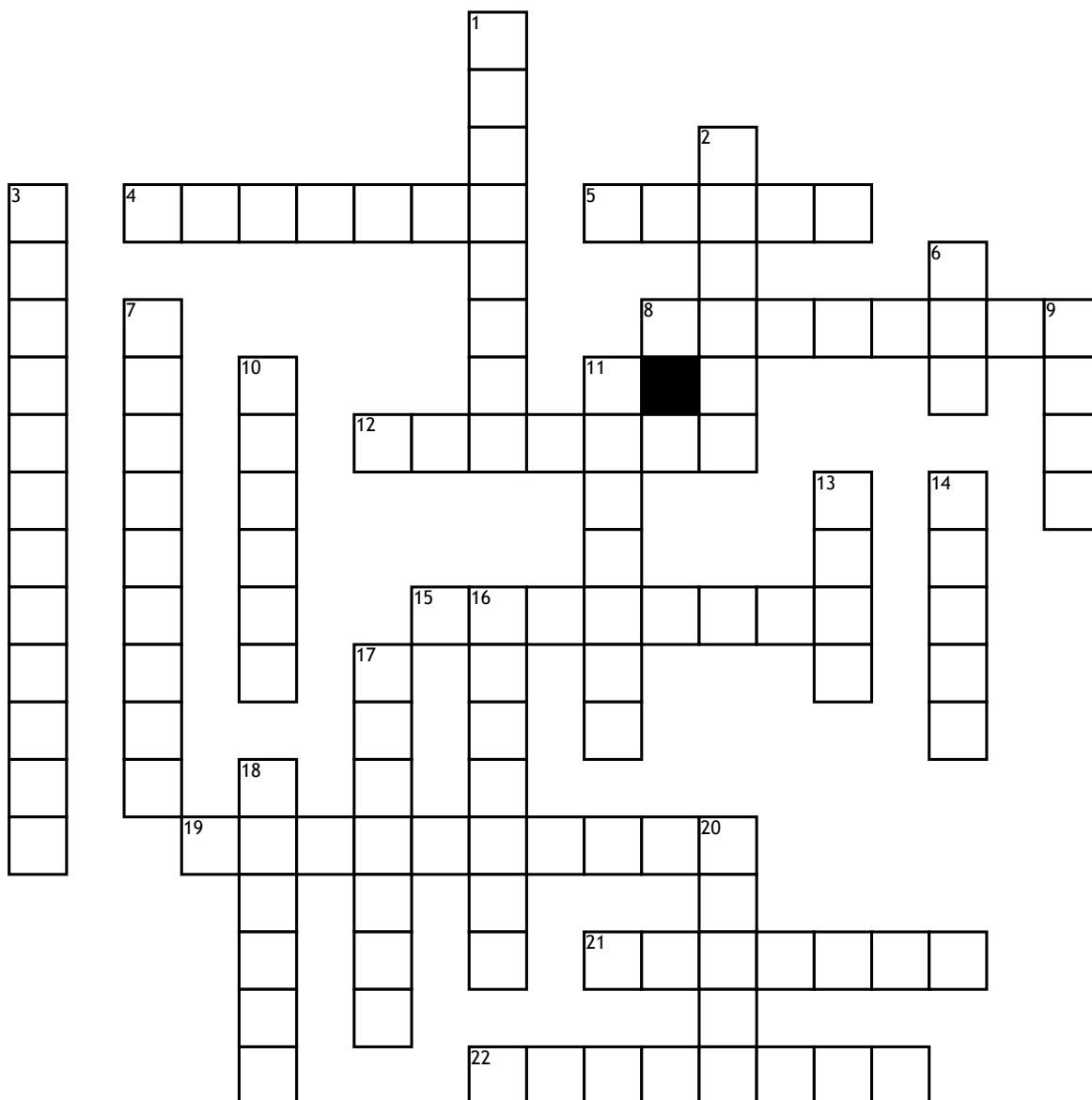


Name: _____

Date: _____

PSHCE Crossword



Across

4. Team sports help your _____.
5. What can live and breed on your body if you don't wash?
8. Small pieces of dead skin in a person's hair.
12. Another word for cleanliness.
15. What grows on your teeth if you don't brush them?
19. What you use to wash your teeth.
21. You use it when you are washing your hair.
22. Exercise can give you a _____ outlook

Down

1. _____ under your arms is normal.
2. This coats your hair if you do not wash it regularly.
3. A condition you can get on your feet.
6. The disease you could get on your gums if you don't brush.
7. What you can use to stop you sweating.
9. You should wash your _____ and change your socks every day.
10. Bacteria in your mouth causes bad _____.

11. To be fit, you need to maintain a _____ diet.
13. What you need to use when washing yourself.
14. If you do not wash your body will start to _____.
16. An _____ activity makes you breathe harder and increases your heart rate.
17. Washing should be part of your daily _____.
18. If you do not brush your teeth they can turn _____.
20. Keeps blood flowing around your body when you exercise.