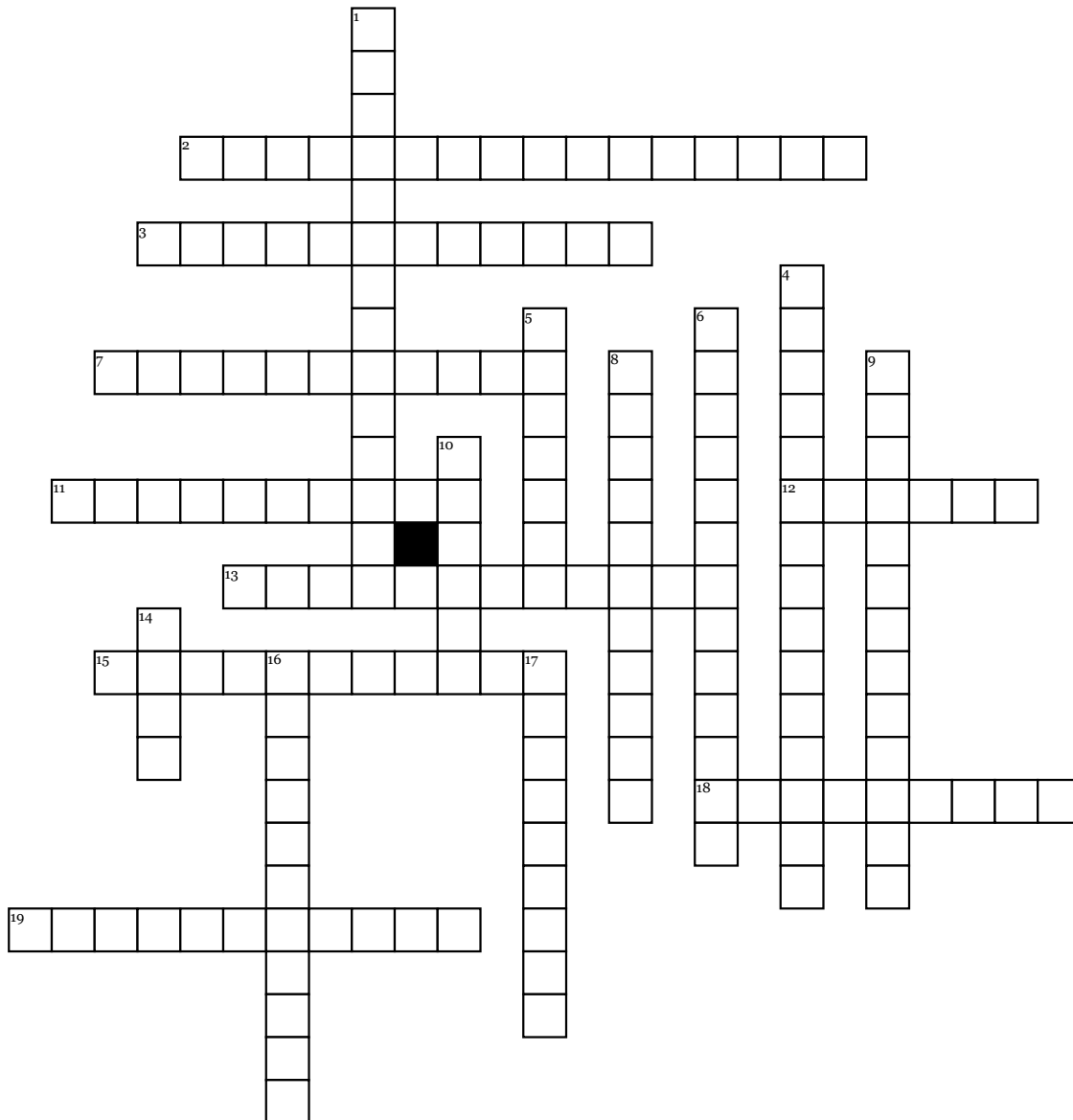


Name: _____

Date: _____

PSY 4334 Exam 1



Across

2. What stage of change is occurring when there is no plan or intention to make changes they don't understand consequences of behavior.

3. What is someone who has an Ph.D, and typically has lots of research and clinical experience, but does not have the ability to prescribe medicine.

7. Which of the psychodynamic principles helped learn more about clients, develop therapeutic relationship, express thoughts and feelings.

11. The perspective that Rodgers started, ultimately becoming a force in psychology.

12. Which psychodynamic principle helps clients think about changes that reflect new understanding; evaluate steps towards change. Based on behavioral approach.

13. What is someone who has an M.D, and the ability to prescribe medicine.

15. What stage of change is occurring when a patient overts change in behavior lasting longer than 6 months, more confidence, finding supportive relationships, reinforcement, stimulus control

18. Advantages of being in a certain group; obtaining things solely on the basis of group membership .

19. What stage of change is occurring when the patient intends to make changes within 1 months; significant preparatory steps towards change, self-evaluation and encouragement, develop a plan for change, SMART goals

Down

1. The perspective that Freud started, ultimately becoming a force in psychology.

4. What is brief, commonplace daily verbal, behavioral, and environmental indignities (intentional or unintentional) that communicate hostile, derogatory, or negative racial slights and insults to the target person or group.

5. Which psychodynamic principle is said to help clients achieve new understandings about their thoughts, feelings, and behaviors; understand their role more.

6. An informed and intentional application of clinical methods and interpersonal stances derived from established psychological principles for purposes of assisting people to modify behaviors, cognitions, emotions, and/or personal characteristics in directions that the participants deem desirable.

8. The perspective that Skinner started, ultimately becoming a force in psychology.

9. What stage of change is occurring when the patient intends to make changes within 6 months. Help them explore problem areas and reasons to change you need more "pros" than "cons"

10. What stage of change is occurring when a patient overts change in behavior lasting less than 6 months, total abstinence versus reduced engagement in behavior

14. Selected physical characteristics, criteria, or permanent attributions.

16. What stage of change is occurring what the patient has no temptation to relapse

17. Broader definition of culture and may be related to share nationality, language, common values, beliefs, and customs.