

Name: _____

Date: _____

PTSD

M U D E K S T C I Q Z C K U X N X Q G V D O C J
O I I C P Z D B O O G W S F T V L V E M G G Q A
Q B F S A B M S Y L M U T P L D U Q T D K K X D
J P F K C M S L E E P P R O B L E M S I T A E X
Z E I U B G H I D I S C O N N E C T E D Z O Z P
E U C K W Q R A O N U S Y I H R M U I A M L D B
N P U Y X U O D M H H U T S Q L I T N F G L C E
I K L Y B R A T F O J E F R Y T T I K C F O H Z
S L T H H A N Y C H B L E J Y B G Q C C Z M X B
A Y Y R S K T K C A A B F W H H L N H T G Z Z U
X X C E E U X Y N S H S Z E T B P O R O I P K B
L E O O V L C X H G V B U M E S D I V A A P S A
C N N W O U I B S S S B A L B H X S M P C C M U
Z O C P J E A G V A I R B L T F H S F U B U P A
N L E U T C U U K G E K U W R A P E V N A P B A
G N N Y K E G I K S P S R P Q T Y R Q R E U J E
F O T S R K Q R Z P Q D I S J H J P T F D V K C
V K R X R Z V E S N G G B T Q E T E X D Z O I M
D Q A M K Z U D J N I U G V U N J D M X C S A E
O C T L D S I R Y C X S D O O M E V I T A G E N
F T I F H Z N O I G H R A R M E X P H T K C E Q
J O N Y O M T S D Z A P E Z I K T U P T Y Z I S
N X G U A J V I F E U L E N L U M U A T J R G T
J S K V N J H D F S K P E L C M M Z E Z S B X A

DIFFICULTY CONCENTRATING

NEGATIVE MOODS

SLEEP PROBLEMS

DISCONNECTED

DEPRESSION

FLASHBACKS

NIGHTMARES

DISORDER

ANXIETY

TRAUMA

SHOCK

FEAR