

Name: _____

Date: _____

PTSD

S I F D P I T A N X I E T Y O B P D X J S W V S
O X O B I H Y J F B O G S S W Q F V X L U G N R
M Q F P E D I C I U S C O Q R R Z N P S O A F Q
H F U H R R P P H X G F R Y X I P O R W J T O R
F A C I K H U Z K B K P U I M Z S I E A O S Z G
S W H M T U B N S H L E P W O R U S T L I C W G
E J W D S E R A M T H G I N E Q D S S L E T K J
X D B Y F L G A I R B F M G M F D E A R S A B E
U N J T V I O L E N C E G I Z S F R S K U Q Z I
A J R I O D D I Y E Z I T T B H E P I G B N D U
L B P Z G L H E I H R O Q M W X E E D U A N P L
A M U A R T Y N D T Y H Z K L B L D L B E Z Q F
B X E Y Z T P A C R T N X J X I I V A F C M I L
U N U N L S E T F S N L B S O O N S R F N T G A
S P S I P I R I K R E S G V X C G T U T A U U S
E E U I C C V O W W D V R T E A S R T D T A E H
V G P B L J I N I W I L F N P T T E A E S K B B
U G T T A X G J O D C P T K H H V S N T B O U A
F T D N S W I U X H C H T W D H K S C A U J V C
S A J D E D L Y B A A F T A R H O Y Z C S Y M K
S Z G N Z W A C W Z R T D R Q B M N W H I B K S
A Z V R B Q N W X Q A Z K V V O V H L E N K L D
J V C L K Q C M I S C D P A M E G X E D D F K K
E W B P Q M E F Z K T H O U G H T S H G M A F U

natural disaster
sexual abuse
depression
detached
stress
war

hypervigilance
alienation
triggers
violence
trauma

substance abuse
nightmares
thoughts
suicide
guilt

car accident
flashbacks
feelings
Anxiety
PTSD