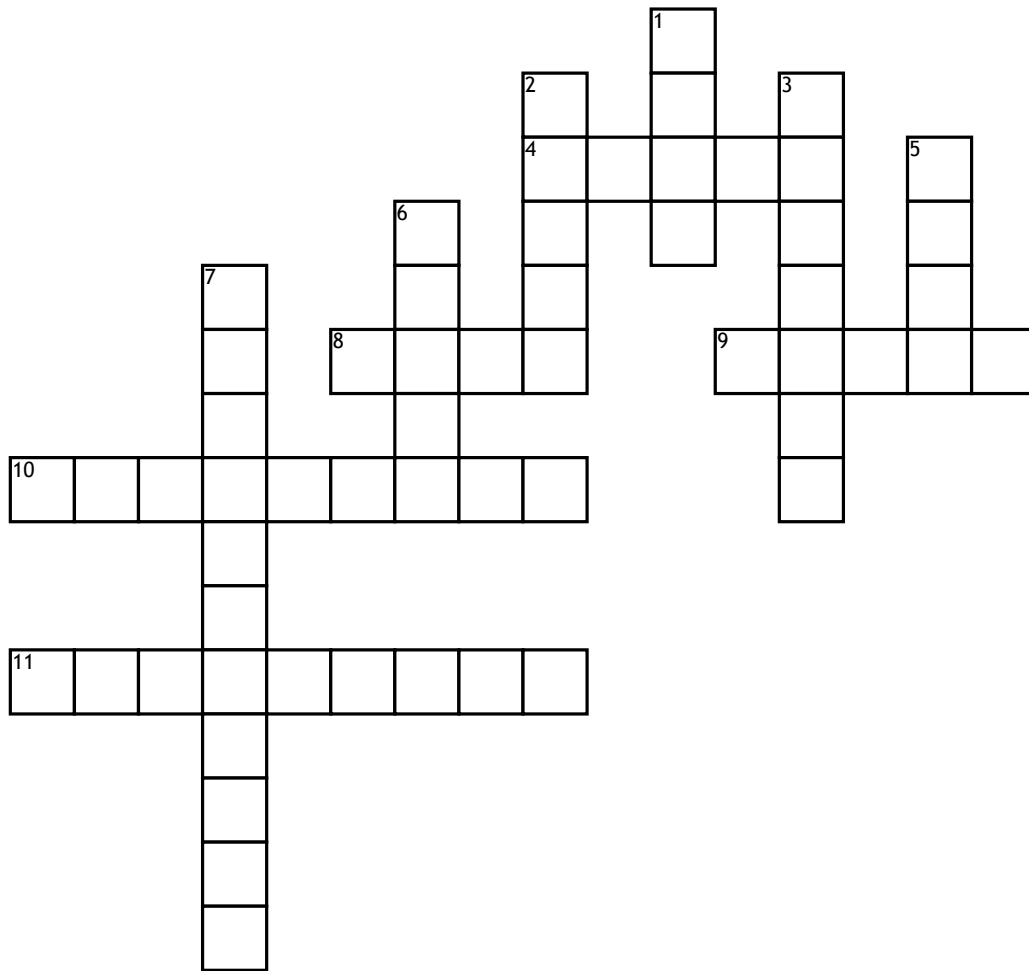


Name: _____

Parts of the Muscle



Across

- 4. A narrow, less dense zone of myosin filaments bisecting the A Band
- 8. Type IIa muscle fiber color
- 9. A light band on each side of the Z Line
- 10. The basic part of a striated muscle tissue
- 11. Basic rod-like unit of a muscle cell

Down

- 1. Non-oxidative muscle fiber
- 2. Filament exclusively between the Z Line
- 3. Type I muscle fibers are used for this kind of activity
- 5. Filament that crosses the Z Line
- 6. This forms the borders the Sarcomere
- 7. A muscle cell

Word Bank

ZLINE
THIN
PINK

HZONE
AEROBIC
TWOB

MUSCLEFIBER
SARCOMERE
MYOFIBRIL

IBAND
THICK