

Name: _____

Date: _____

Pasta & Grains

K R O S B R A N V W R P O M Z I O
O O A T S A P L S I L B A F Q N A
T X X N N E I C S T R V L M X P C
S U K D A N V O L C H E L J Z W E
H E N L B B T C A Q P R P X A H C
O M S G G T P T E M E F U Z T E I
R E R H O S J V R L E N R E K A R
T D B Q M N W X E J A Y P V Z T N
G V Y E J Q A A C A Q W O S S F I
R S E M O L I N A G E K S Q T L A
A R K F S C P I G D B H E F A O R
I H K B S U Q B A E O E F N R U G
N C X O D P F F P P R L L R C R G
R M B L P V Y U X U E M O V H Z N
I M R E P S O D N E Y X U Q N D O
C X Q J I G W H O L E G R A I N L
E V S P S V K N C O U S C O U S O

All purpose flour
Wheat flour
Couscous
Risotto
Pasta

Short grain rice
Whole grain
Semolina
Kernel
Bran

Long grain rice
Endosperm
Cereals
Starch
Germ