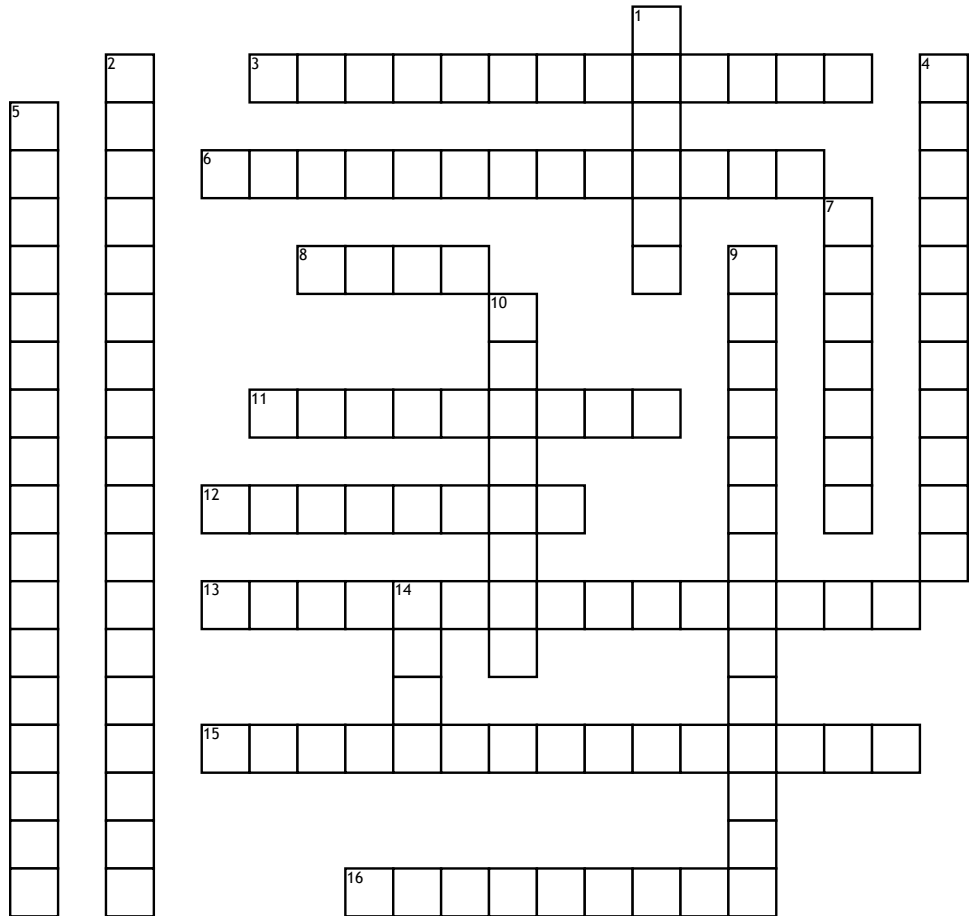
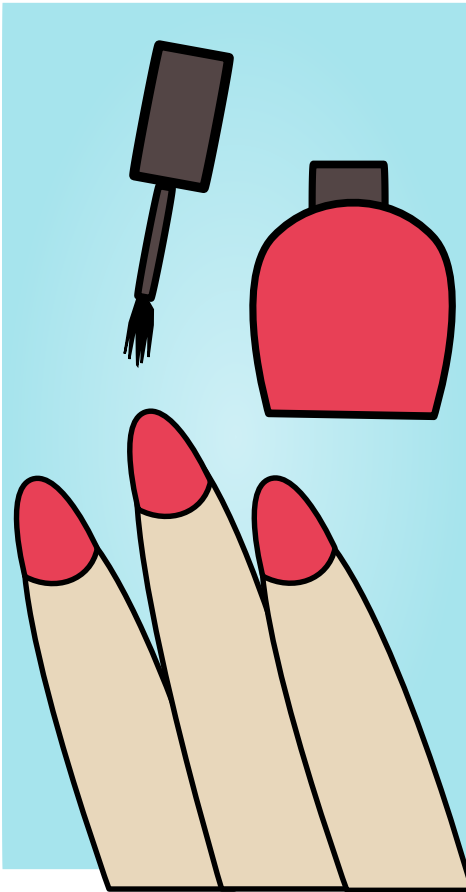


Name: \_\_\_\_\_

Date: \_\_\_\_\_

# Pedicures



## Across

- 3.** Foam rubber or cotton disposable materials used to keep toes apart while polishing the nails. A new set must be used on each client.
- 6.** An organic acid that derives originally from the bark of willow trees.
- 8.** Also known as a masque; is a concentrated treatment product often composed of mineral clays, moisturizing agents, skin softeners, aromatherapy oils, botanical extracts, and other beneficial ingredients to cleanse, exfoliate, tighten, tone, hydrate, and nourish the skin.
- 11.** Also known as pedicure paddles; large, abrasive files used to reduce and smooth thicker foot calluses.
- 12.** A cosmetic service performed on the feet by a licensed cosmetologist or nail tech; can include exfoliating the skin and callus reduction, as well as trimming, shaping, and polishing toenails, also includes a foot massage.

- 13.** Products designed to soften and smooth thickened tissue (callused).

- 15.** Professional implements that are larger than fingernail clippers and have a curved or straight jaw specifically designed for cutting toenails.

- 16.** Products containing gentle soaks, moisturizers, and other additives that are used in a pedicure bath to cleanse, deodorize, and soften the skin.

## Down

- 1.** A dark, fine-grained volcanic rock used in hot stone massage.
- 2.** An inorganic compound that degrades the protein in the callus cells.
- 4.** A unique method of applying pressure with thumb and index fingers to the hands and feet; it has demonstrated health benefits.

- 5.** Water-based lotions that contain a mild, gritty-like abrasive and moisturizers to help in removing dry, flaky skin and reduce calluses.

- 7.** A small, scoop-shaped implement use for more efficient removal of debris from the nail folds, eponychium, and hyponychium areas.

- 9.** Similar in design to fingernail nippers, but are larger, much stronger, and used to trim the toenail as opposed to trimming the excess cuticle.

- 10.** A metal implement with a grooved edge that is used for filing and smoothing the edges of the nail plate.

- 14.** An organic compound that has a super-hydrating effect on skin cells.