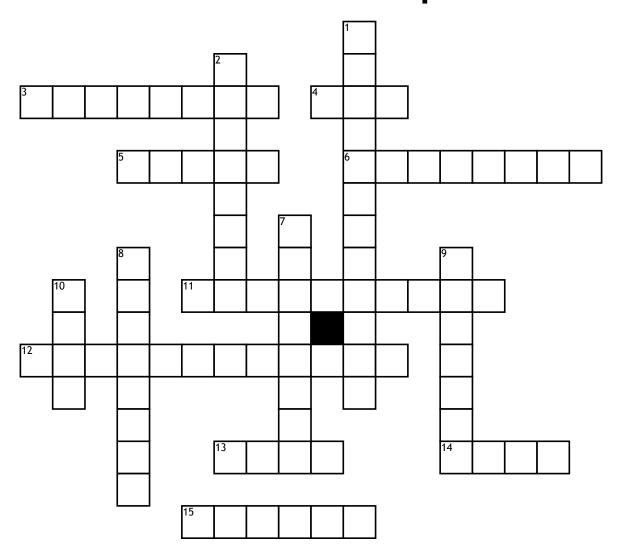
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## Personal Development



## Across

- 3. FRIENDS PRESSURING YOU TO DO SOMETHING BAD OR THAT YOU DON'T WANT TO DO 4. TYPE OF STRESS THAT
- **MAKES YOU SICK**
- 5. HELP US TO ACHIEVE THINGS IN OUR LIVES
- 6. THE S IN S.M.A.R.T. GOALS
- 11. THE M IN S.M.A.R.T. **GOALS**
- 12. WHEN YOU DON'T LET SOMEONE FINISH SPEAKING, IS WHAT TYPE OF COMM. BARRIER

- 13. SOMETHING YOU MUST HAVE TO SURVIVE
- 14. TYPE OF STRESS THAT **MOTIVATES YOU**
- 15. SOMETHING IN LIFE THAT IS IMPORTANT TO YOU

## <u>Down</u>

- 1. TALKING ABOUT YOUR OWN PROBLEM WHEN A FRIEND IS TELLING YOU ABOUT THEIRS, IS WHAT TYPE OF BARRIER 2. LAST STEP IN THE DECISION MAKING PROCESS
- 7. TYPE OF PEER PRESSURE WHEN FRIENDS SUPPORT AND **ENCOURAGE YOU**
- 8. NAME CALLING IS WHAT TYPE OF COMMUNICATION BARRIER
- 9. POINTING THE FINGER IS WHAT TYPE OF **COMMUNICATION BARRIER**
- 10. SOMETHING YOU DON'T NEED, BUT WOULD BE NICE TO **HAVE**