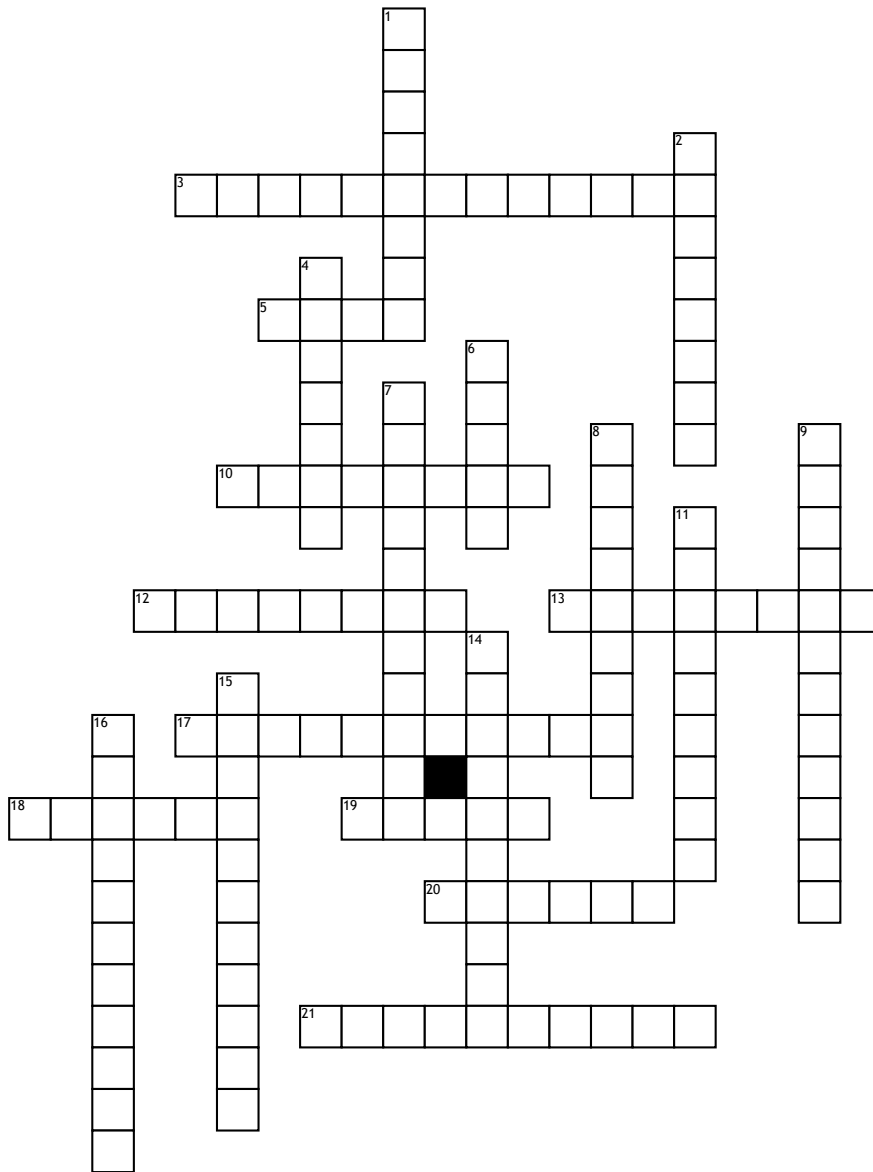


Personal Development



Across

- 3. Something you want to accomplish soon.
- 5. Example of a human resource.
- 10. Chemicals that are released in the body which are the catalysts for physical change.
- 12. An overall state of well-being or total health.
- 13. The reflection of responsible, adultlike behavior and attitudes.
- 17. Being reliable and accountable.
- 18. Beliefs, feelings, and ideas about what is important.
- 19. People your own age.

- 20. Your body's response to demands being put on you.
 - 21. The picture you have of yourself and how you feel about that image.
- Down**
- 1. Thoughts and judgement about the world around you.
 - 2. A goal that has no definite time limit.
 - 4. Example of a community resource.
 - 6. A goal that can be met only at a certain time.
 - 7. The period of life when you begin to prepare to be an adult.

- 8. Moral strength and integrity.
- 9. Something you plan to accomplish some time farther in the future.
- 11. Example of a material resource.
- 14. To decide which needs and wants are more important than others.
- 15. The combination of characteristics that makes you different from every other person.
- 16. How you define what you are.