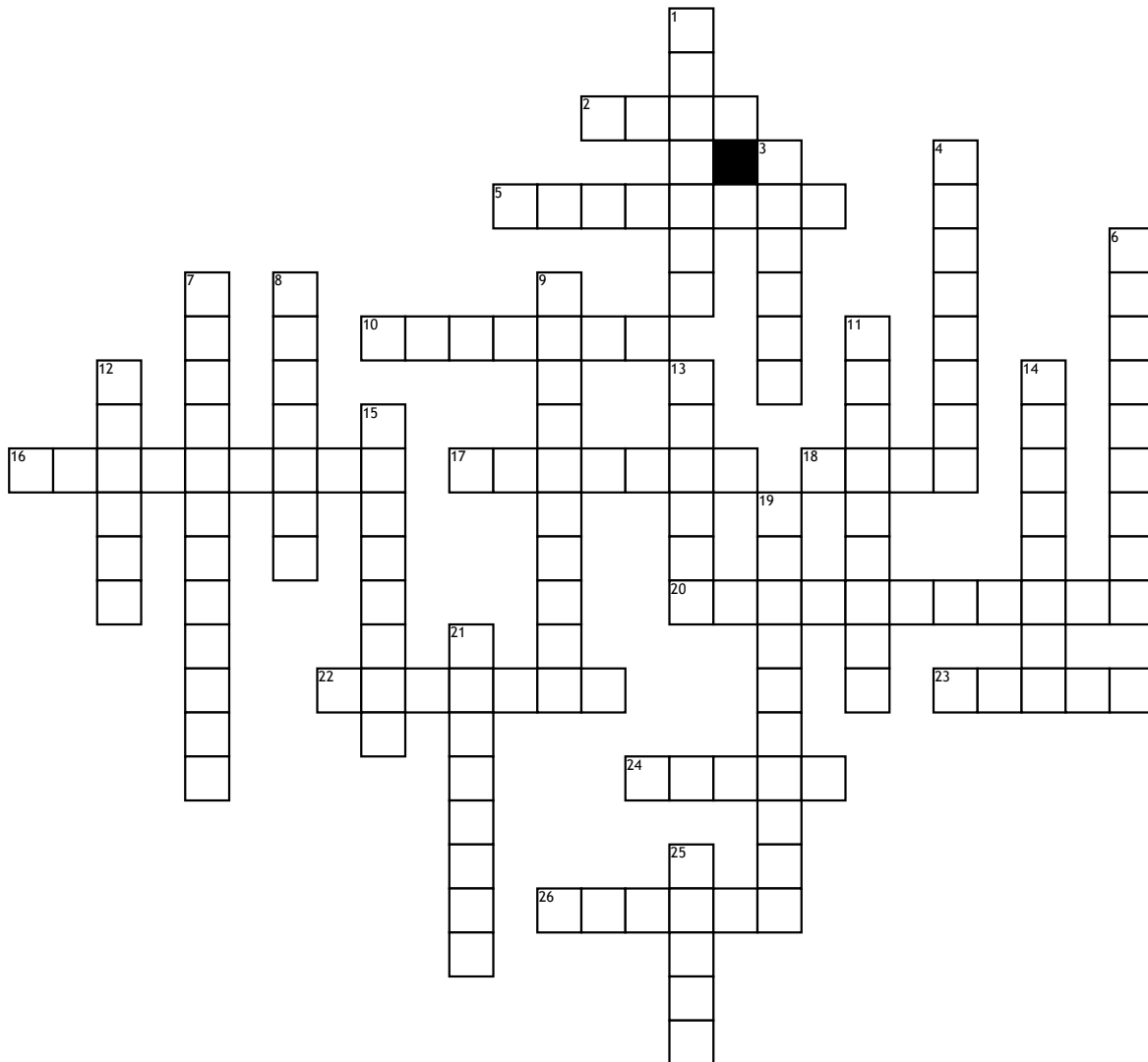


# Personal Safety and Injury Prevention



## Across

2. Marijuana not being addictive is a \_\_\_\_\_.
5. One of the most important things to remember when talking about mental health is that recovery is \_\_\_\_\_.
10. Family \_\_\_\_\_ can contribute to your mental health.
16. Indoor tanning machines give off ultra violet \_\_\_\_\_, which is a known cancer-causing substance.
17. Mold and dust lead to the development of \_\_\_\_\_ conditions like asthma and allergies.
18. Alcohol is one of the \_\_\_\_\_ addictive drugs there is.
20. Second hand smoke is a \_\_\_\_\_ risk.
22. Tanned skin is \_\_\_\_\_ skin.
23. Getting enough \_\_\_\_\_ has been proven to help enhance and improve mental wellbeing.
24. When you \_\_\_\_\_ down your thoughts you will feel as if you dumped your emotions on the paper.

26. Noise can increase \_\_\_\_\_.

## Down

1. External conflict is conflict that occurs \_\_\_\_\_ of the person.
3. The key to being attentive while driving is to \_\_\_\_\_ keep your eyes on the road.
4. Not violating your values is a way to resolve internal \_\_\_\_\_.
6. Substance abuse causes \_\_\_\_\_ damage to the brain.
7. Relaxing and enjoying your hobbies can improve your \_\_\_\_\_.
8. Distracted driving can be anything from on yourself to \_\_\_\_\_ to a friend.
9. Poorly ventilated fireplaces and stoves \_\_\_\_\_ to your pulmonary disease risk.
11. The mediator needs to get the two parties to apologize and agree to \_\_\_\_\_ the conflict.
12. Not only can you develop skin cancer from being unsafe in the sun, but also from \_\_\_\_\_ tanning.

13. Developing this can help improve your mental health.

14. Research reveals that our physical surroundings can \_\_\_\_\_ or reduce our stress.

15. A conflict inside oneself is often referred to as an \_\_\_\_\_ conflict.

19. Another highly addictive drug that has been common with youth through the years is \_\_\_\_\_.

21. Groundwater contamination occurs when a man-made products such as \_\_\_\_\_, oil, road salts, and chemicals get into the groundwater can cause it to become unsafe for human use.

25. Long-term use of high levels of pesticides can cause birth defects, \_\_\_\_\_ damage, and cancer.