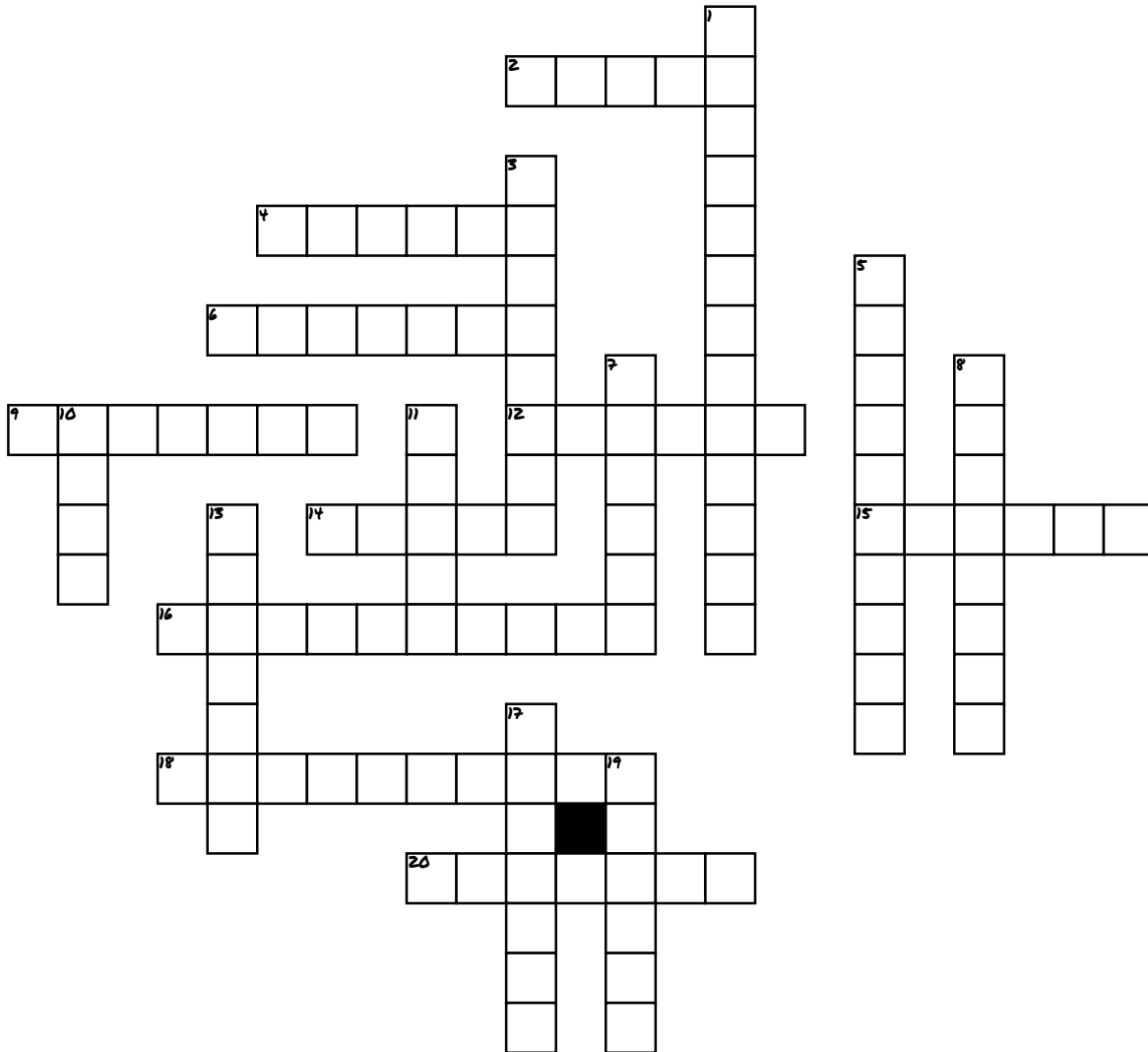


# PLUS ULTRA BONES/MUSCLES



## ACROSS

2. MAIN BONE OF THE LOWER LEG  
 4. SECOND BONE IN LOWER LEG  
 6. A MUSCLE THAT EXTENDS THE FOREARM  
 9. LONG BONE OF THE UPPER ARM  
 12. THE LARGE MUSCLES IN THE UPPER-AND MID BACK  
 14. FORMS YOUR NASAL SEPTUM  
 15. ONE OF THE TWO LONG BONE OF THE FOREARM  
 16. THE MOUTH MUSCLE USED FOR CHEWING AND IS HELPED BY THE MASSETER

18. A MUSCLE GROUP CONSISTING OF FOUR MUSCLE: HAMSTRINGS, GLUTEUS, GASTROCNEMIUS AND SOLEUS

20. ALSO KNOWN AS THE KNEECAP

## DOWN

1. THE LARGE MUSCLE OF THE POSTERIOR PART OF THE LOWER LEG  
 3. RUNS THROUGH THE TEMPORAL BONE TO THE LOWER JAW  
 5. THE MAJOR GROUPS OF THE LOWER BODY

7. IT IS ATTCHED TO THE SHOULDER BLADE AND EXTENDS ALONG THE FRONT SURFACE OF THE UPPER ARM

8. THEE STRONGEST AND LARGEST BONES OF THE FACIAL SKELETAL SYSTEM

10. SECOND LONG BONE OF THE FOREARM

11. LONGEST BONE IN THE BODY

13. A STRING BONE IN THE CENTER OF YOUR CHEST

17. THE TRIANGULAR MUSCLE OF THE SHOULDER

19. LOCATED IN THE LOWER LEG