

Name: _____

Date: _____

Post Traumatic Stress Disorder

C V Q Q C J T D B R Y E R F L A S H B A C K S S
R V T X J U Q N V N Y B G M B R K C I N H L I E
F I R T R T Y N S O L Q O I C X R F I T Y N N K
D B C R S T A Q N I L Z I A S W D U T A H D J S
R M H A Q U C V G S F R N A E T P F C T Z C D U
P N Z U D N F T V S D S M E D I C A T I O N H Z
Q P J M R X R L S E T P T J G I K W T S D N P U
R T A A X M E M O R Y L O S S W D L M J V A C X
V E M V H L Q S V P W T F J R K I K D E U P X Q
T W Y K M E C Q I E O X R E Y K L X F R T W S M
L C G B Z U Y M I D T T F A N M S B W G L E J H
R G D E A C H X E U M J R B U M R D V I R G O P
J P A C O N L H I P P O C A M P U S F A H X E R
U K L D V N X Q H X K Z N Z I M V E M U N C D N
P M A B V O E I V I H T X T F J L T K U B S Q Y
W O Q A W K C T E D Q P P C I O H W G Z I D D D
T H E R A P Y Q W T T D S U N G N N Z F L N O L
U A R H U X F D W T Y R O G I B Y A Y C P B X N
P O S S T D E F T N X A N N V T C X P N B I Q X
T W J U D I A C C V Z S H O D S U U C S N T R C
U Q Q A W F R K C O H S L L E H S Z Q U L Z K S
T Z R D V Z V G T N T V O B U O Q S B L W E A I
W U D R L X G H R W C J U N J U S V Y Z O D X N
L M Q Y F J R D O B E C N A L I G I V B M Y E S

Hippo campus

Flashbacks

depression

Amygdala

Trauma

memory loss

Nightmares

Vigilance

Therapy

Fear

shell shock

Medication

life long

anxiety

CBT