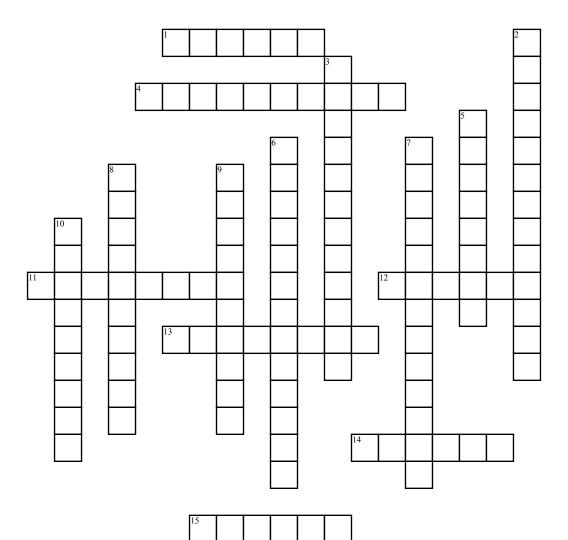
Postnatal



Across

- **1.** A waxy, cheese-like substance that covers the baby at birth
- **4.** An incision made to the perineum (tissue between vaginal opening and anus). Used to be a part of childbirth but not anymore
- 11. An organ that provides oxygen and nutrients to the fetus. It surrounds the fetus
- **12.** The process of the cervix widening
- **13.** A moment in labor when the newborn's head begins to emerge
- **14.** A passageway to the uterus that the fetus is pushed out of. Widens during labor

15. Soft hair that covers the body of a newborn

Down

- **2.** A prenatal test that gathers the health of the baby using amniotic fluids. Test can tell if the fetus has a genetic disorder
- **3.** Muscles begin to tighten and push the fetus towards the birth canal
- **5.** Pain relief that goes to the lower body during labor. Decreases sensations but not fully
- **6.** A procedure where the fetus is delivered by cutting open the uterus

- 7. A lifeline made up of three blood vessels that attaches to the placenta. The mother provides all the baby's needs from this
- **8.** The process of the cervix stretching and growing thinner
- 9. A procedure where sound or other vibrations are used to look inside the body 10. A milky substance that is rich in
- 10. A milky substance that is rich in nutrients. The liquid comes out of mothers breasts during the first few days after childbirth

Word Bank

Contractions Dilate Placenta Cervix Episiotomy
Vernix Lanugo Amniocentesis Umbilical cord Crowning
Cesarean birth Epidural Effacement Ultrasound Colostrum