Postnatal Depression

- 1. Sympton of postnatal depression
- 2. How you feel
- 3. How it affects friends and family
- 4. Self help treatment
- 5. Local Treatment
- 6. What will reduce the risk of postnatal depression
- 7. Possible treatment for postnatal depression
- 8. Possible cause of postnatal depression
- 9. What is puerperal depression
- 10. How can puerperal psychosis can be managed

- A. Electroconvulsive therapy
- B. crying
- C. Birthing Plan
- D. Useless
- E. National Childbirth Trust
- F. Serious Mental Illness
- G. Living on a low income
- H. Medication
- I. Financially
- J. Relaxation