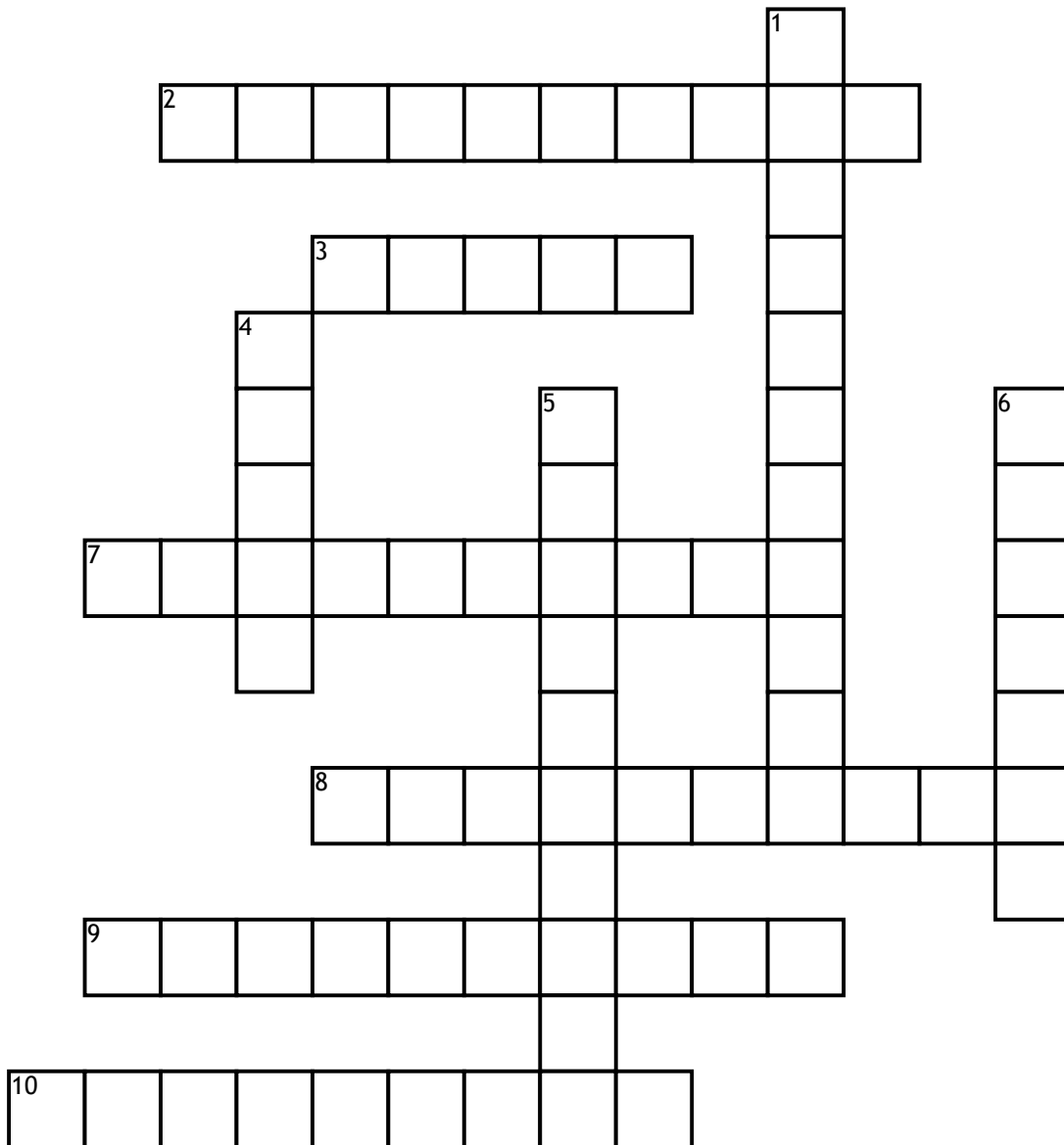


Name: _____

Date: _____

Postpartum Review



Across

2. Painful uterine contractions after birth
3. Lochia that is deep-red mixture of mucus, tissue debris, and blood
7. 6 week period following the delivery of the placenta
8. Tissue destruction and subsequent repair and remodeling
9. A surgical cut made at the opening of the vagina during childbirth

10. Benign and self-limited, occurs within 3-4 days and resolves by day 10

Down

1. Common response of the breasts to hormones and the presence of increased milk
4. Pelvic floor exercises to increase urethral sphincter function
5. Plastic squeeze bottle filled with warm water to clean perineum
6. Close emotion attraction to a newborn 30-60 minutes after birth