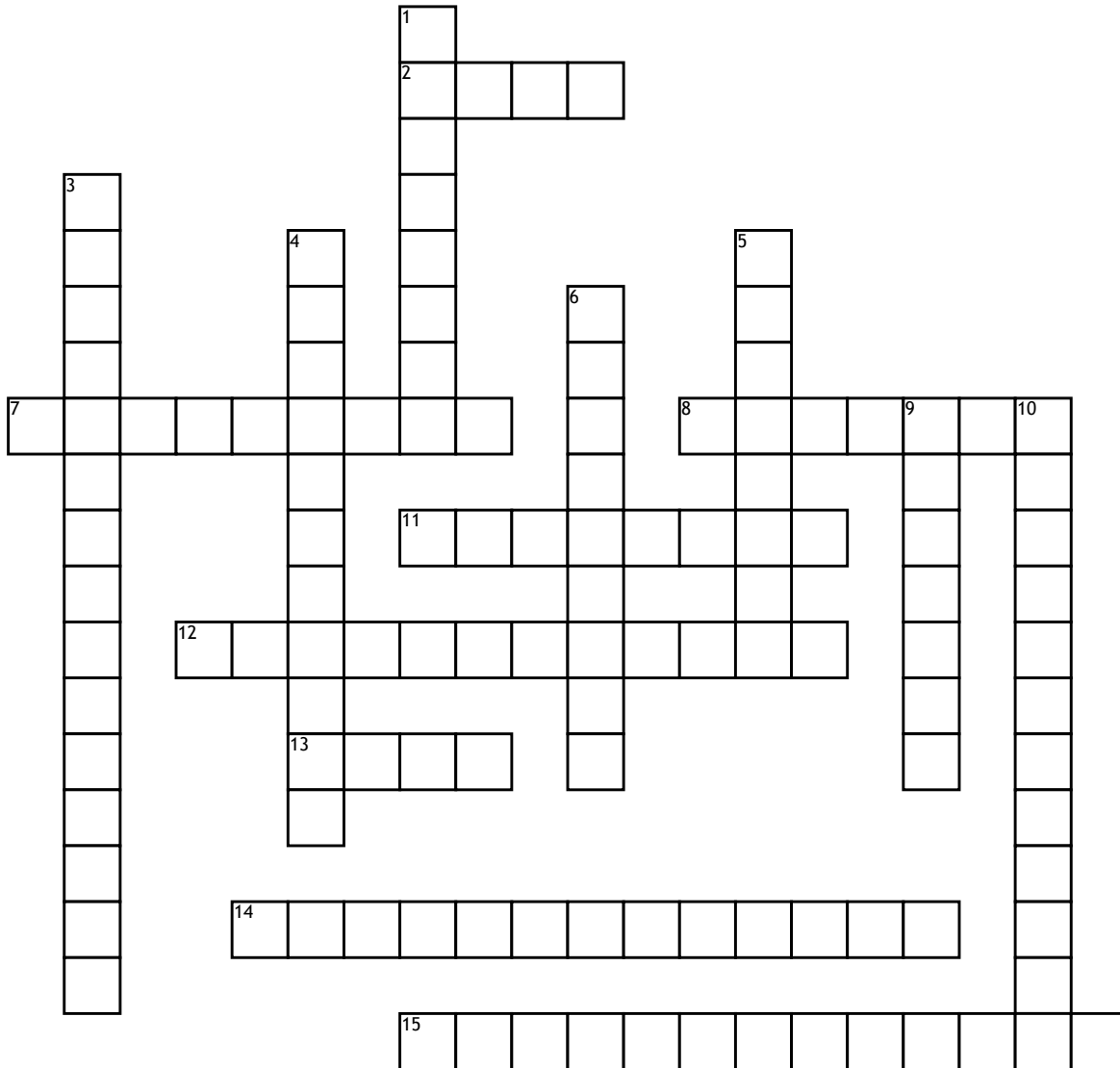


Power Foods



Across

2. Very nutritious fruit that is also a digestive aid.
 7. Great snack that is high in protein.
 8. These can be served raw or cooked and some of them are purple.
 11. Famous breakfast cereal that are shaped like circles.
 12. Healthy snack, packaged in wrapper.

13. You can hard boil, dye, or cook these.

14. Sometimes served with brown sugar, butter, and sometimes marshmallows.

15. Can be grilled, fried, or baked.

Down

1. Drink that builds muscle.

3. Used to make toast and sandwiches.

4. Round fruit used in jams and pies.

5. They are red and considered a vegetable or fruit.

6. Good to use for sandwich meat.

9. This is found in granola mix, cereal, and some cookies.

10. Popular fruit, part of the rose family.