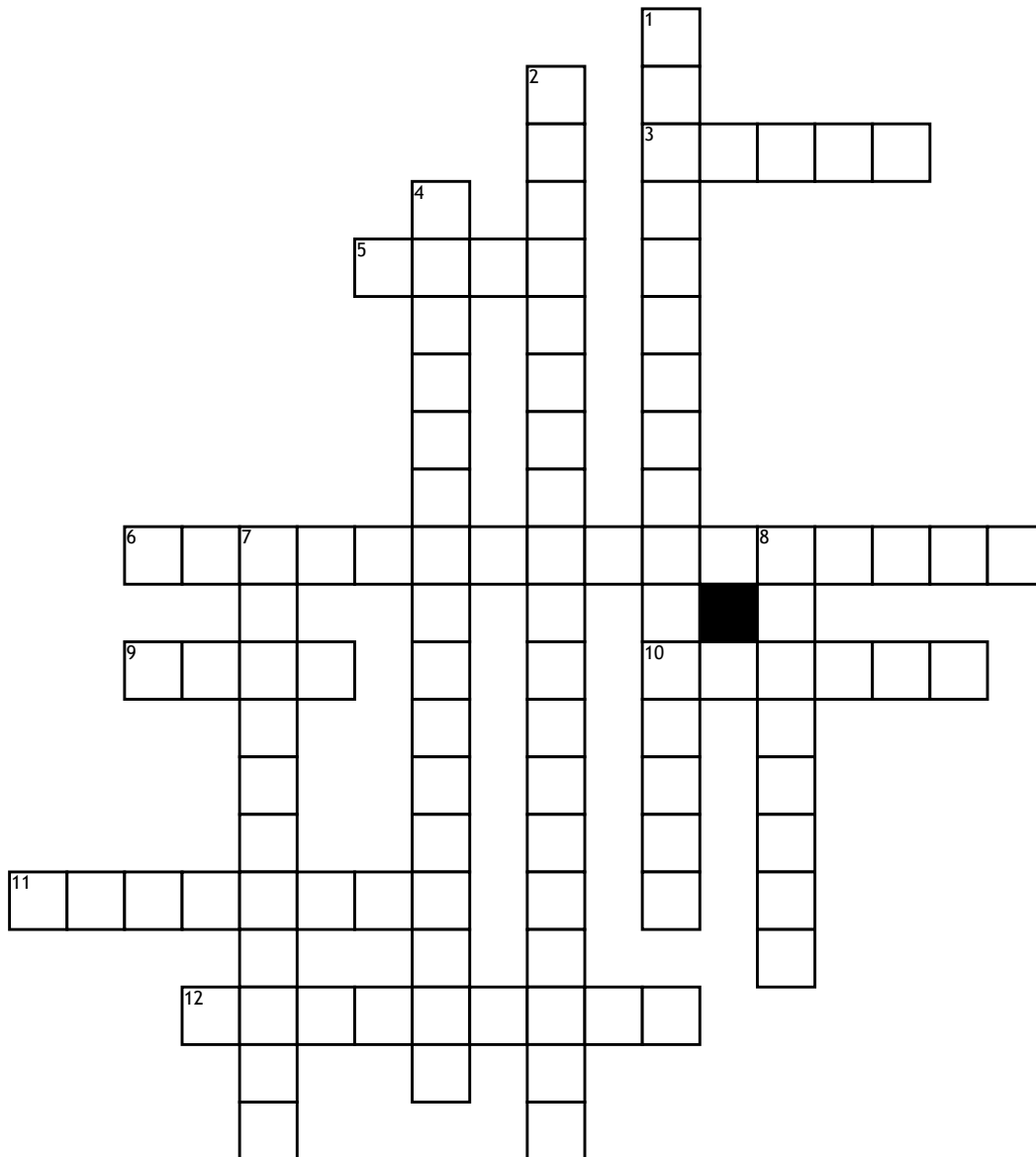


# Protein 1



## Across

3. Where is their no digestion?

5. How many essential amino acids are there

6. What denatures the protein in digestion?

9. What makes up around 20% of muscle protein?

10. How many amino acids do you need to remain healthy?

11. Why are proteins digested?

12. What amino acid is only from children

## Down

1. What has a high biological value?

2. What amino acids cannot be synthesised?

4. Mutant of glutamic acid (valine) changing the shape of blood cells so they can't pick up enough oxygen

7. Removal of an amino group from a molecule

8. What is made up of Larginine, glycine and methionine?