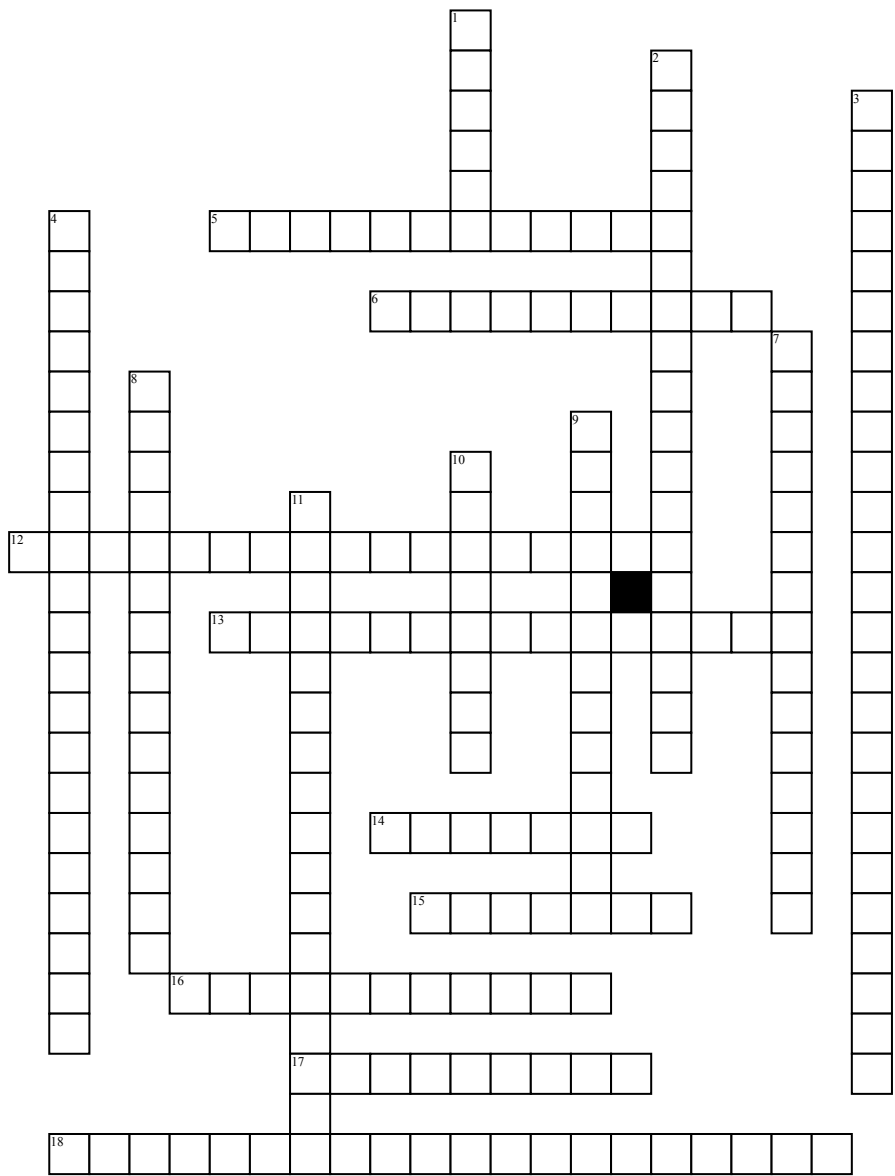


Name: _____

Date: _____

Protein



Across

- 5.** When protein molecules change their shape and take on new characteristics
- 6.** Proteins that defend the body against infection and disease
- 12.** Plant food sources. They are missing one or more of the essential amino acids
- 13.** The maintenance of the correct level of acidity of body fluid
- 14.** An energy-yielding nutrient composed of carbon

15. Plants that have a special ability to capture nitrogen from the air and transfer it to their protein-rich seeds.

- 16.** A protein deficiency disease
- 17.** The building blocks of protein
- 18.** Amino Acids your body can make

Down

- 1.** A compound that can counteract an excess of acid or base in a fluid
- 2.** Your body is not able to make the remaining 9 amino acids. So you have to receive the others through your diet.

3. A condition caused by lack of calories and protein in the diet

4. Two or more incomplete proteins that can be combined to provide the essentials amino-acids

7. Animal food sources

8. A comparison of nitrogen a person consumes with the nitrogen he or she excretes

9. A diet consisting entirely or mostly of plant foods.

10. A wasting disease caused by lack of calories and protein

11. A sickness caused by lack of an essential nutrient