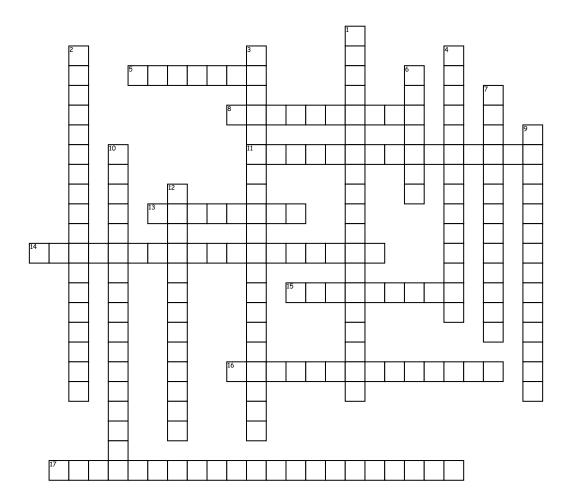
Name:	Date:

Psychological problems- how would psychological problems affect you? part 2



<u>Across</u>

- 5. an inactive substance, or fake pill, used instead of an active substance. The person given a placebo will not know it is fake
- 8. a set of unpleasant physical or psychological symptoms someone gets when they are trying to quit or cannot satisfy their addiction
- 11. a scale where a person can rate their level of agreement to a statement
- 13. the process by which neurons reabsorb neurotransmitters that they released
- 14. the first stage of cbt to treat addiciton that identifies triggers
- 15. a mental health problem that means people need a particular thing a substance or an activity in order to be able to go about their normal routine

- an explanation that believes behaviour is learned through associations and experiences
- 17. learning by associations

Down

- learning from the consequences of actions
 the same people are tested over a period of time to investigate changes
- 3. behaviour is learned through observation and imitation of role models
- 4. the second stage of CBT to treat addiction whereby addicts learn ways to control the patterns of behaviour that lead to their addiction
- **6**. a return of symptoms after treatment has been given
- 7. a type of neurotransmitter that is involved in mood and is released during times of stress

- 9. when an addict tries to stop taking the substance they are addicted to
- 10. chemicals found within the nervous system that pass messages from one neuron to another across a synapse.
- 12. an outcome resulting from behaviour that increases the chance of the behaviour being repeated or avoided in the future. the outcome may be the result of gaining something negative being removed

Word Bank

operant conditioning social learning theory addiction reuptake placebo learning theory detoxification noradrenaline skills training reinforcement relapse neurotransmitters longitudional study withdrawal likert type scale classical conditioning functional analysis