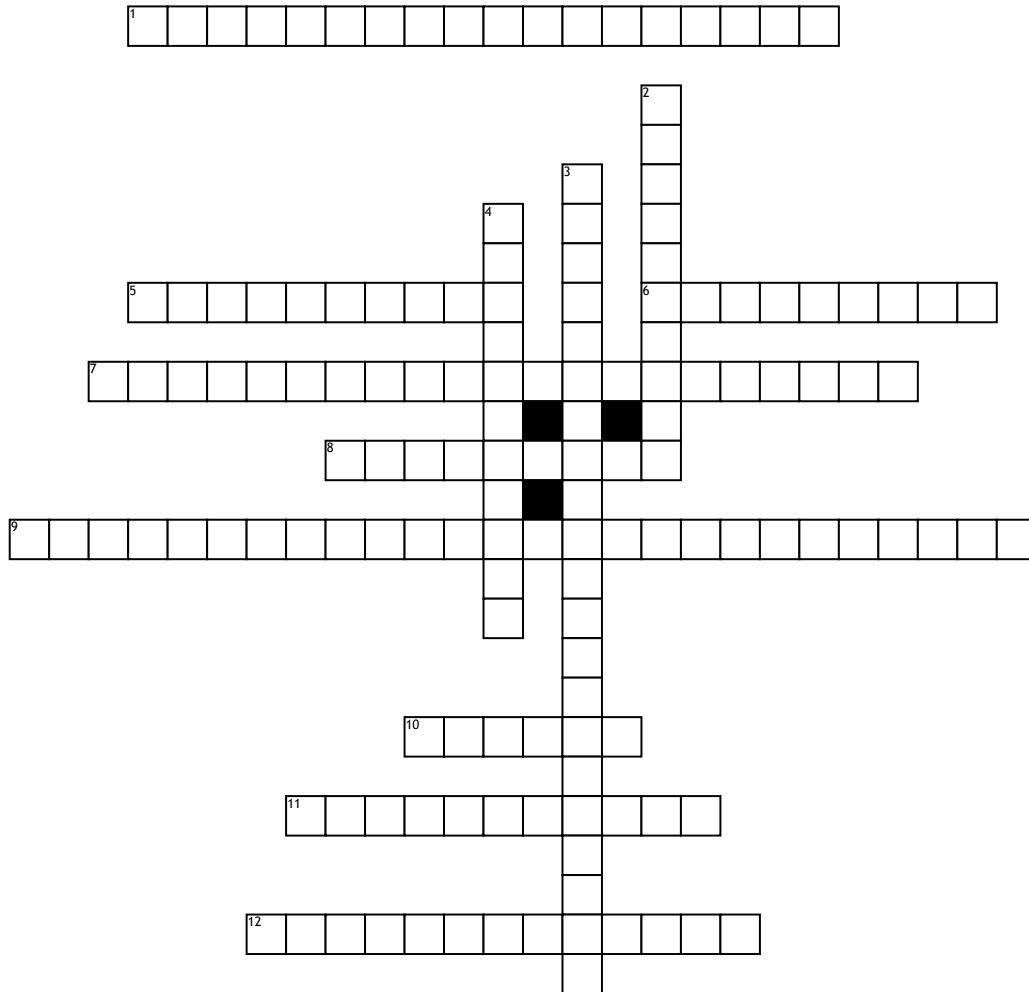


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# Psychology Anxiety Disorders Crossword



## Across

- 1. Persistent and excessive worry that interferes with everyday life activities
- 5. Drugs that are available by prescription or over the counter to help with treatments of an illness, disorder, disease, or condition
- 6. A drug that increases neural activity and speeds up body functions
- 7. A behavior pattern or mental process that causes serious personal suffering or interferes with a person's ability to cope with everyday life

## 8. Type of medication

- 9. A therapy technique that can help people find new ways to behave by changing their thought patterns
- 10. An excessive, irrational fear out of proportion to the actual danger
- 11. A fear of crowded, public places
- 12. The application of psychological principles and techniques to influence a person's thoughts, feelings, or behaviors in an attempt to help that person overcome psychological disorders or adjust to problems in living

## Down

- 2. A psychological disorder characterized by extreme sadness, an inability to concentrate, and feelings of helplessness and great sadness
- 3. Intense, persistent fear of being watched and judged by others
- 4. A relatively short period of intense fear or discomfort, characterized by terror and other frightening sensations such as shortness of breath, rapid heart rate, or other distressing physical symptoms

## Word Bank

Phobia  
Depression  
Cognitive Behavioral Therapy  
Social Anxiety Disorder

Psychological Disorder  
Agoraphobia  
Medication  
Psychotherapy

Stimulant  
Generalized Anxiety  
Serotonin  
Panic Attack