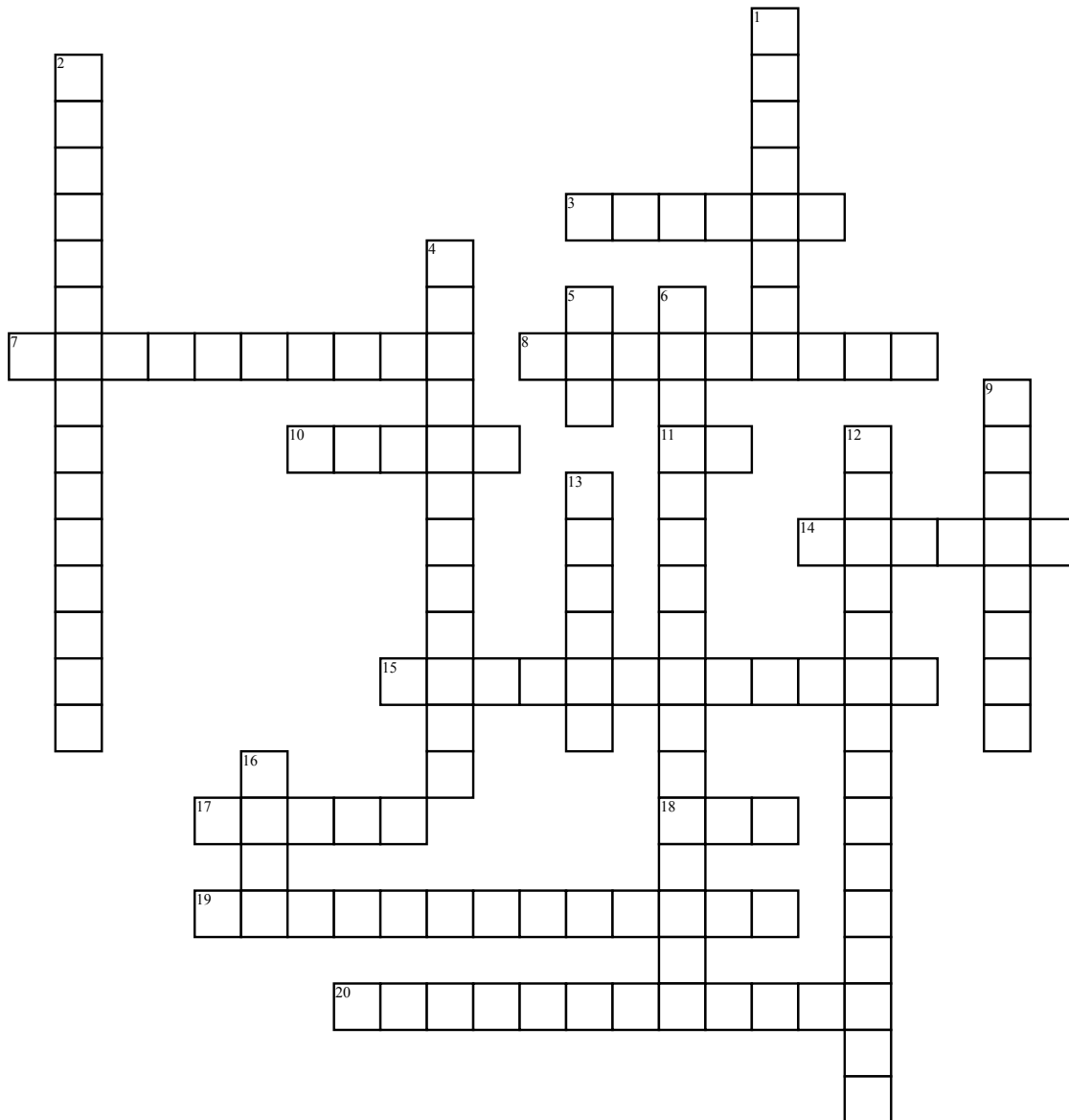


# Psychology Unit 5



## Across

3. What's the recommended amount of sleep?  
 7. Study of the function of the brain  
 8. Released to help you sleep  
 10. What wave occurs during the onset of sleep?  
 11. Inner pleasure  
 14. If awoken in stage 4 you will feel  
 15. father of psychology

17. Waves during stages 3 & 4  
 18. outer personality  
 19. Term that means the underlying meaning of a dream?  
 20. Person who tries to find the underlying problems in the brain and can prescribe medicine

## Down

1. inner morals  
 2. What term describes what occurs in your dream?

4. Person who studies how the brain works  
 5. Machine that measures brain waves  
 6. REM stands for?  
 9. Spend most time a night in which stage?  
 12. "About a day"  
 13. Kind of awake, kind of asleep  
 16. This wave occurs in Stage 1