

Name: _____ Date: _____

Psychology of Fear

1. Fear? A. Adrenaline junkies
2. Biochemical response B. Individual
3. Emotional response C. A Primitive emotion
4. Fear is also D. Fight or flight
5. The physical response is E. Anxiety disorders
6. Thrive on extreme sports and thrilling situations F. Acclimation
7. Experience of trauma loss of control are G. A survival mechanism
8. Repeated exposure to similar situations H. Causes of fear
9. Can be caused by the development of a particular fear I. Universal
10. Systemic desensitization, flooding, CBT J. Treatments for phobias