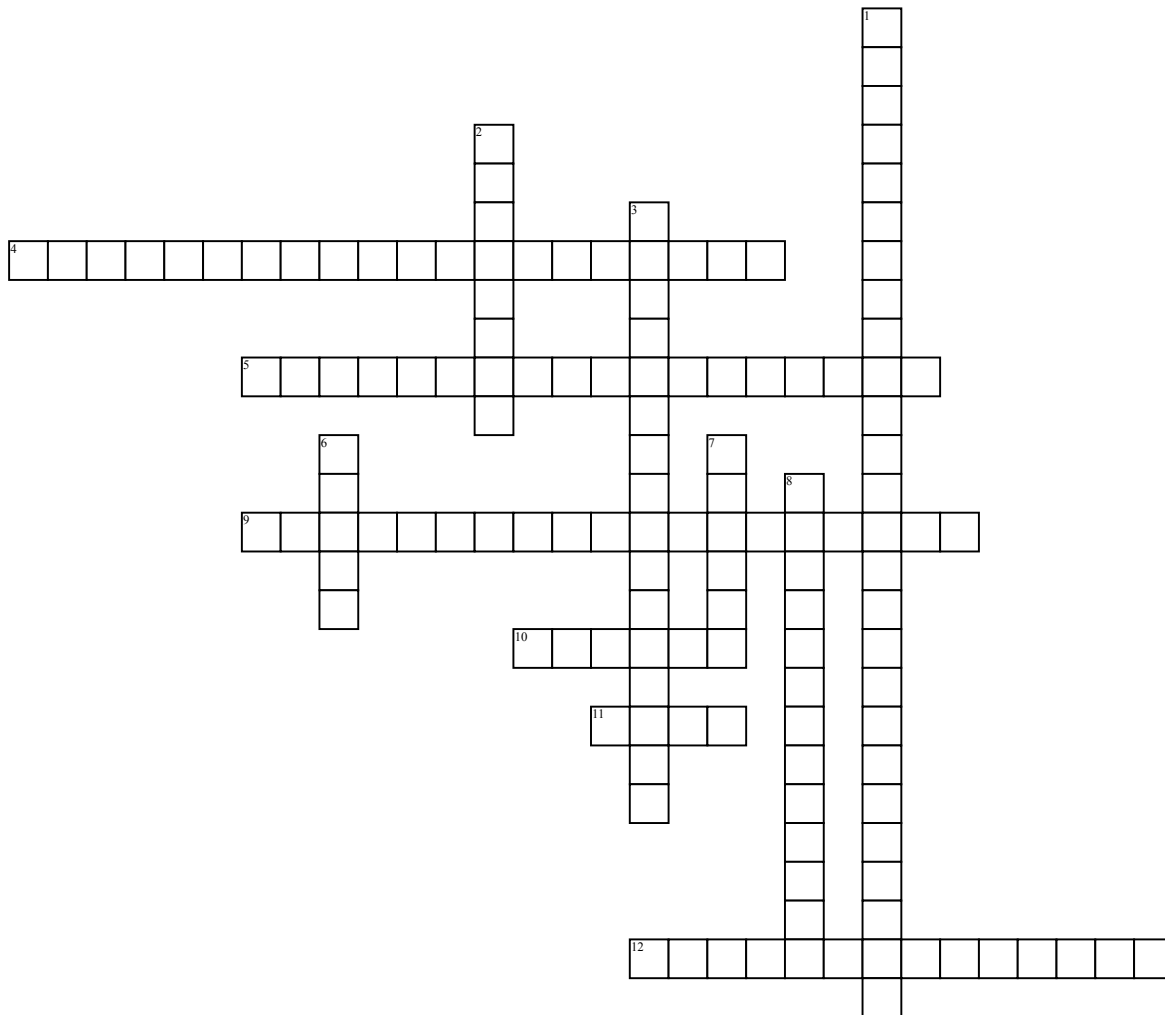


Name: _____

Date: _____

Q2 Health Exam



Across

4. Locating valid sources of health information, products, and services.

5. The process of ending a conflict through cooperation and problem solving.

9. understanding the many influences on your health, including peers, family, culture, media, and technology.

10. The reaction of the body and mind to everyday challenges and demands.

11. Healthful, Ethical, Legal, Parent Approval.

12. Steps that enable you to make a healthful decision.

Down

1. The exchange of thoughts, feelings, and beliefs between two or more people.

2. Taking action to influence others to address a health-related concern or to support a health-related belief.

3. Skills that help you reduce and manage stress in your life.

6. Those things you aim for that take planning and work.

7. the ideas, beliefs, and attitudes about what is important to help guide the way you live.

8. communication strategies that can help you say 'no' when you are urged to take part in behaviors that are unsafe or unhealthy or that go against your values.