

Name: \_\_\_\_\_

Date: \_\_\_\_\_

# RECOVERY

L M E I Z I S M O T P M Y S I X L D G L I N I F  
G E N O I T A L O S I G G V Q Y N V G T X U D S  
W D C I X J K F Y Z A B B X G N S Z Q K C F X S  
T I O S O B R I E T Y G F A V V V E L N N I P B  
S C U S Y Y C O X A V Y A Y H E A L T H Y U K N  
T A R O I P Y T N E M H I X Y Y J K J X O R H O  
Q T A D X B A P Y P V T T M E B Q P G R E Z N W  
W I G Q C O T R X G B A H E J O N A G I S U I B  
E O E S K M C R E W H P D X R Z H K E M Z R A V  
S N M Y P B E R U H L M K S R C G J K N X N T T  
P J E T F I S E K S T E T S N P X N K C E K N N  
A C N E S N H R T A T A C B N E V I R D J C I Z  
L F T P B O O S H I B J O U R N A L I N G L A C  
E H V O D W C I N I N M R E C L U P V Q G R M Q  
R T F H P A G I L O M G E U G F A M I L Y M E C  
V X Z E A I Z I A J I Y S R E N I H S N U S R A  
H L T T M B T J F L T T O K A Y A U Z Y R H E R  
B S L A O Y I E V W I T A E B C F H S Y T H C I  
I S E I T I V I T C A Z V L P E F E C L H E O N  
W O Q Q Z R R D O L C O E W E I S L N W A P V G  
E W P O M V N S V V L E P U H R X F E A V I E T  
R G Q L O V I N G J E X O H N D I C P S O T R K  
N H E S I C R E X E I E K Y O J N E N J E A Y E  
A T B S A R Y C Z T N E M E G A N A M V O T Q K

relationships  
journaling  
sunshine  
meetings  
therapy  
loving  
enjoy  
aa

encouragement  
stability  
selfcare  
recovery  
healthy  
caring  
hope

medication  
isolation  
maintain  
sobriety  
family  
groups  
love

activities  
socialize  
exercise  
empathy  
change  
trust  
fun

management  
symptoms  
stepwork  
relapse  
driven  
faith  
na